

HEALTH AND WELLBEING BOARD: 20TH NOVEMBER 2015

REPORT OF HINCKLEY AND BOSWORTH BC

A BOOK OF ME – DEMENTIA RESOURCE

Purpose of Report

1. The purpose of this report is to inform the Health and Wellbeing Board of A Book of Me, which is a dementia care resource developed in collaboration between the Hinckley and Bosworth Health and Wellbeing Partnership and Beauty and Utility Arts, a social enterprise located in Hinckley.

Background

2. With the projected doubling of the number of people across Leicestershire developing a form of Dementia in the period 2011 – 2030 (8,000 – 16,000), across Hinckley and Bosworth numbers will be, over the same period, rising to 2,600.
3. To support this, health care services will need to expand in order to give sufficient capacity of care. This in itself will result in more carers and care settings and greater patient throughput. With Dementia being the illness it is it will become increasingly difficult for those with Dementia, their carers, particularly those in health care settings, to retain the sense of the individual resulting in a lack of “individual care” and dignity for those with this illness.
4. The idea for A Book of Me was proposed to the Health and Wellbeing Partnership by Beauty and Utility Arts and it was agreed that the Partnership would support the development of this person centred resource from its annual Staying Healthy Community Grant allocation from Public Health.
5. After wide ranging consultation with members of the public, those living with Dementia, carers and agencies working in this area of health, A Book of Me was developed.
6. A Book of Me provides a means of recording all those elements that make a person the individual they are such as things they enjoy eating and equally don't, places they like to go, hobbies and past-times and people they like to see, contact details of local organisations, family members or other carers and much more. Sadly much of this person centred information can be lost as the illness progresses.
7. A record such as this takes on greater importance if the individual does not have family members as carers or goes into respite or longer term care settings where they may not have the same carer at all times. A Book of Me will allow carers in these situations to get to know their client more quickly and

in greater detail which in turn will facilitate the individual's level and nature of care.

8. As part of the promotion of A Book of Me that has taken place to date a presentation was given at the East Midlands Think Local Act Personal group and at a recent Dementia learning event held by Leicestershire County Council.
9. Both of these have led to a number of enquiries of interest both from within Leicestershire and elsewhere. Additionally at the local launch event on July 30th interest was received from community matrons and discussions are ongoing with West Leicestershire CCG regarding taking this further. It was at this event that Cllr. Ernie White requested that a report be submitted to the Health and Wellbeing Board.
10. It is the intention that the resource be made available to other organisations that work in the area of dementia care and this will not be restricted to Hinckley and Bosworth BC or Leicestershire. Further promotion will take place at the Dementia Alliance Annual Conference being held in London on 2nd December.

Consultation and Public Involvement

11. The Members of the working group who regularly met throughout the development of A Book of Me – Hinckley and Bosworth are as follows:
 - a. Katherine Brown – Director, Beauty and Utility Arts
 - b. Lindsay Orton – Locality Mental Health Co-ordinator, Hinckley and Bosworth Borough Council
 - c. Howard Wilkins – Carer
 - d. Alzheimer's Society
 - e. Jane Simpson – Community Support Worker, Leicestershire County Council
 - f. Martin Hall – Strategic Planning, Adults and Communities, Leicestershire County Council
 - g. Emma Hopkins – Development Co-ordinator, Age UK LSR
12. The community consultation that took place in October 2013 was attended by 15 local service users and carers with direct personal experience of Dementia together with health and social care organisations
13. To “dry run” the resource 20 individuals were asked to use A Book of Me for up to 8 weeks – all of whom were living with Dementia and/or had direct professional/personal links to somebody living with Dementia. This short pilot went well and met with positive comments and suggested amendments were made to the final version.
14. Additional support has also been received from Dr. Darren Jackson who represents the Clinical Commissioning Group on the Hinckley and Bosworth Health and Wellbeing Partnership.

Resource Implications

15. The initial agreement for the development of the resource was to produce 100 copies which would be distributed through Age UK and the Alzheimer's Society to those newly or recently diagnosed with dementia across Hinckley & Bosworth.
16. This first phase has now been completed and following the necessary induction training taking place the implementation of A Book of Me will begin over the next few months. Beauty and Utility Arts has commissioned an independent professional to evaluate this first phase over the first half of 2015 and will submit this report to the Hinckley and Bosworth Borough Council Health and Wellbeing Partnership and utilise its findings in promotion moving forward.
17. Responsibility for the onward development of A Book of Me now sits with Beauty and Utility Arts and we look forward to other teams and organisations within Leicestershire and beyond developing the resource through them.
18. Currently Hinckley and Bosworth Borough Council is working together with Beauty and Utility Arts on an agreement that will see any income received from the onward sale of A Book of Me split proportionately between Beauty and Utility Arts and Hinckley and Bosworth Borough Council and re-invested in local mental health provision.

Conclusion

19. The Health and Wellbeing Board is asked to note the development and implementation of A Book of Me and to receive a further report following the implementation and evaluation of phase one of its use.

Officers to Contact

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Partnership Working and associated issues

20. The process which has seen the development of A Book of Me over the last 18 months clearly demonstrates how local partnerships can work together in bringing about new and innovative health interventions. Beauty and Utility Arts is a local social enterprise and has been involved previously in a number of schemes and is currently involved in developing an Arts on Prescription project in collaboration with North West Leicestershire District Council Staying Healthy Partnership.

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