

# Joint Health and Wellbeing Strategy priorities

Priorities	Actions	Indicators	Milestones	Governance / Assurance / Monitoring board
Improving mental health and wellbeing				
We will promote positive mental health promotion	<p>Mental health is more than the absence of mental illness. It encompasses a state of wellbeing in which the individual realises his or her abilities and can cope with the normal stresses of life, can work productively and fruitfully and is able to make a contribution to his or her community. Mental health is therefore the foundation for individual wellbeing and the effective functioning of a community. We already know that the burden of poor mental health and mental illness in Leicestershire is substantial. Mental illness is consistently associated with deprivation, low income, unemployment, poor education, poorer physical health and increased health-risk behaviour. In addition there is a clear link between mental health promotion, wellbeing and emotional and physical resilience.</p>	<p><b>We will reduce mortality rates from suicide (PHOF: 4.10)</b></p>		<p>HWB / Staying Healthy / Mental Health Strategy Group</p>
		<p><b>We will increase the rates of self-reported wellbeing (PHOF: 2.23)</b></p>		
		<p><b>We will reduce statutory homelessness (PHOF: 1.15)</b></p>		
	1) We will work to promote positive mental health and healthy lifestyles, through the development of a joint mental health and mental health promotion strategy. To achieve this we will create a mental health strategy group involving key stakeholders in Leicestershire and with clear accountability and governance arrangements. Key stakeholders will include commissioners and statutory and voluntary sector providers.		<p>1)-5) To be determined by MH Strategy Group when formed but to include: Creation/delivery of MH strategy, delivery of 'Books on prescription' and delivery of mental health communication plan, delivery of Suicide Prevention Strategy and Leicestershire Workplace Health Strategy. Progress joint work with police, linking with the police crime commissioner and joint working on local strategic partnerships</p>	<p>Mental Health Strategy Group</p>
	2) We will implement targeted, evidence based mental health promotion programmes across Leicestershire			
	3) We will work to deliver the 2013 LLR Suicide Prevention Strategy			
	4) We will work to deliver improved mental health in working aged adults through our Leicestershire Workplace Health Strategy and specifically through 'Healthy Workplaces' and 'Fit For Work' services.			
5) We will promote mental resilience and reduce the burden of mental illness through awareness raising programmes including the launch of 'books on prescription' and through campaigns to reduce stigma relating to mental illness.				
6) We will work with key stakeholders to address wider health inequalities and social determinants of health e.g. housing, social exclusion and income inequality and we will develop plans to mitigate the potentially negative impact of benefit changes and other economic changes linked to the economic downturn.				
		Delivery of health inequalities strategy and action plan		

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We will continue to improve the management of people with common and severe and enduring mental health needs	<p>Serious mental illness (SMI) affects approximately 1 in 100 people and includes diagnoses which typically involve psychosis (losing touch with reality or experiencing delusions) or high levels of care, and which may require hospital/secondary care treatment. Having a serious mental illness is associated with significant morbidity and mortality. The risk of physical ill health is substantially higher-patients die on average 16–25 years sooner than the general population.</p>	<b>We will increase the number of people with mental illness and/or disability in settled accommodation (PHOF: 1.06)</b>		Health and Wellbeing Board / CCGs
		<b>We will reduce excess under 75 mortality in adults with serious mental illness (PHOF: 4.09)</b>		
		<b>We will increase people's feelings of social connectedness (PHOF: 1.18)</b>		
	1) We will work with CCGs to identifying and address physical health needs and risk factors for premature mortality in people with SMI		1) CCGs through QOF have a role in identifying and addressing physical health needs and risk factors for premature mortality in people with SMI	Staying Healthy
2) We will work to enhance social inclusion and to reduce stigma and discrimination in those with SMI		2) Delivery of LPT commissioned health checks for people with SMI in 2013/14( commissioned through CQUINs)		
3) We will raise awareness of the early signs and symptoms of dementia. We will further support patients with dementia and their carers.		3) Joint working between local and CCGs to identify and develop an action plan in 2013/14 through the mental health strategy group	Health and Wellbeing Board / CCGs	

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Improving mental health and wellbeing				
We will promote positive mental health promotion	<b>Promoting Positive Mental Health:</b> Universal Emotional Health & Wellbeing projects through schools- develop a network of schools & communities across Leicestershire committed to promoting positive mental health & nurturing the social & emotional development of children & young people	Up to 10 schools 'recruited' to participate in the project commencing in September 2013 and reporting of children and young people who say that their school has a supporting ethos after the first year	Sep-13	HWBB
	The Children's centre programme will continue to provide emotional support to vulnerable parents engaged with the programme	10% increase (year on year) from the baseline 2013 figure of 68% of parents reporting increased confidence as a parent via completion of the Annualised satisfaction questionnaire for the Children's Centre Programme	Apr-14	LPG/CYPS/CYPC Board
	<b>Earlier detection &amp; treatment of mental health problems in children:</b> Support for vulnerable children & young people- better identification of vulnerable children, young people & groups and establishing appropriate strategies to support them & their families – includes schools having planned & structured intervention work to address the issues of identified children & young people.	A Menu of Suggested interventions/ Activities to be developed with at least 10 schools (cross phase) piloting the provision of planned and structured interventions for children and young people. Increase in children and young people reporting that they feel supported by their school demonstrated by a baseline & post intervention survey	Sep-13	HWBB

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