

Draft Joint Health and Wellbeing Strategy priorities

Priorities	Actions	Indicators	Milestones (Timescale)	Governance / Assurance / Monitoring board	
Getting it right from childhood					
	The Children's Centre programme, across the county, will work with a range of partners to continue to provide positive health promotion activity to parents of pre school children That a protocol is drawn up with the University Hospitals Leicester Midwifery Service and/or Leicestershire Partnership Trust Health Visiting Service that requires that/those service/s to ask all new parents to fill out a consent form allowing their details to be shared with their local Children's Centre.	All (100%) of families registered with the Children's Centre programme (across the County) receive health promotion materials.	Apr-14	LPG/CYPS/CYPC Board/HWBB	
		Increased rates of breastfeeding; County wide 6-8 week breast feeding prevalence target 46% (West Locality 42%, East Locality 50%) improved understanding of healthy weight and lifestyles.	Apr-14	LPG/CYPS/CYPC Board	
	From April 2013 public health nursing will be commissioned for school aged children and young people (5-19yrs old)	A review of the School Nursing Service to be completed & Fit for Purpose' service by the beginning of the next financial year 2014-15	Apr-13	HWBB / Staying Healthy	
	Healthy Weight interventions/Promoting physical activity & healthy eating (note:childhood obesity is addressed through Breast feeding; Family Lifestyle Club FLiC; Food for Life; Physical Literacy (Healthy Tots); Food Routes; Big Cook Little Cook; and Early Access to Maternity Services-any pregnant women who are overweight/ obese will be picked up & a pathway has been developed to include healthy lifestyle interventions for this group):				
	• Expansion of <u>Family Lifestyle Club</u> (FLiC) .Expand programme to enable delivery of programme in <u>every district</u> , on a sustainable basis	An increase of at least 10% from 2012-13 figures of families attending a Family Lifestyle Club (FLiC)	by May 2013	HWBB / Staying Healthy	

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<p>We will support positive start for children and families through:</p> <p>Early years support</p> <p>Early intervention / prevention</p> <p>Continuing health programmes to develop well</p> <p>Early identification of families in need of support</p>	<ul style="list-style-type: none"> Food for life partnership: Develop a network of schools and communities across Leicestershire committed to transforming food culture, revolutionising school meals, reconnecting children with where their food comes from, and inspiring families to grow and cook food. Supports schools achieve "Enhanced healthy schools status". Launch of Food for life partnership in Sept 2013 (Academic year) 	<p>An increase by at least 20% of the Number of schools and communities participating in Food for life partnership programme after the first year (the implementation of the FfL programme might be delayed until later on in the year)</p>	<p>Sept 2013 (Academic year)</p>	<p>HWBB / Staying Healthy</p>
	<ul style="list-style-type: none"> Food routes and Big cook little cook this FSA project/resource complements the Food for Life Programme –it provides a 'journey through food'- diet & health, cooking, food safety & shopping it is a range of age appropriate resources designed & developed to enable young people to gain food related skills & knowledge. LNDS supported programme incl/.6 week 'Family' programme and links to FLIC 	<p>At least 20 schools to be participating in Food routes and Big cook little cook after the first year which should lead to an increase in number of referrals to FLiC by 15%</p>	<p>by May 2013</p>	<p>HWBB / Staying Healthy</p>
	<p>Physical literacy programme in primary schools: Build upon physical literacy Olympic Legacy investment for 0-5 years to develop new resources and training as part of Healthy Tots "package" – Healthy tots targets Early Year Settings using a Whole Setting approach focusing on 3 core themes: Healthy Eating, Physical Activity & Emotional Health & Wellbeing</p>	<p>Retention of 80% of Existing Early Year Settings that are participating in the ' Healthy Early Years/ Healthy Tots ' Programme continue to be involved & a further 10 settings are recruited. All participating settings to attend physical literacy/activity & nutrition update training in 2013-14</p>	<p>Sep-13</p>	<p>HWBB / Staying Healthy</p>
	<p>As part of the Early help offer all referrals to the Single Point of Access (First Response) are dealt with effectively and swiftly (referrals are signposted to the appropriate level of service). Develop a 0-19 integrated early help service, which offers targeted support to vulnerable families that improves the health of children.</p>	<p>Establish a baseline to measure % of 3A and 3B referrals that are processed within 5 working days. Health outcomes linked to early help for children show an improvement year on year.</p>	<p>Mar-13</p>	<p>CYPC Board</p>

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We will improve health and educational outcomes in looked after children through high quality health and social care support	Ensure free nursery provision for all children in care aged 2 yrs. old and over is taken up	All children in care access free nursery education. (All 5-14 yrs. old in care access play schemes during the summer). PEPs for pre-school children (under 5 year olds) are completed. The gap between the median and bottom 20% is narrower than the national average Pupils accessing Pupil Premium achieve closer to the national average	Mar-14	CYPC Board
	Ensuring that all looked after children are registered with a GP and Dentist	All (100%) of looked after children registered with a GP and Dentist	Mar-14	CYPC Board
	Ensure that all relevant children have an Strength and Difficulties Questionnaire (SDQ) completed and have Specialist Services engagement where appropriate	Number of % of referrals sent to CAMHS. Number of % referrals sent to Independent Domestic Violence Advisor's. Children, young people and families feel heard in decisions that affect them.	Mar-14	CYPC Board
	The system, process and capacity for Health Assessments (initial and review) to be approved so that all looked after children have a Health Assessment and that the voice of children and young people are included in this.	Health Assessments do not delay permanence planning for looked after children. Children and young people saying that they were involved in their Health Assessment.	Mar-14	CYPC Board
	Apprenticeships are offered within Leicestershire County Council for 5 looked after children and care leavers	Number of looked after children who gain longer term employment	Mar-14	CYPC Board
	Ensuring that appropriate training (core training and standards) is completed by foster carers.	100% of foster carers complete core training and achieve the standards within the agreed framework: 12 months for mainstream foster carers and 18 months for connected carers	Mar-14	CYPC Board
	Social Marketing for Early Access to Maternity Services: The provision of a multi-component maternity 12 week early access social marketing campaign: aimed at women booking late (12+ 6 weeks gestation) in areas of Loughborough with identified high rates of late bookers.	Increase number of women accessing maternity services by 12week+6day gestation-10% increase in women booking early in the Loughborough (target) area	To be delivered between April to June 2013	HWBB / Staying Healthy

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We will enable children to start well through provision of high quality maternity services including pre and post-natal support	Increasing 6-8 week breastfeeding prevalence rates: Breastfeeding Peer Support coordination – to coordinate and deliver a Breastfeeding peer support programme –targeting women less likely to breastfeeding (predominantly in the West of the County) including work with young parents to develop peer approaches to increase breastfeeding rates amongst young parents. The aim of the Peer supporters is to help to increase initiation & continuation of breastfeeding.	Increase in initiation of breastfeeding and increased rates at 10-14 days and 6-8 weeks, particularly in areas where breastfeeding rates are lowest- Overall County target 6-8 week prevalence 46% , differentiated targets agreed for West Locality 42% & East Locality 50%	To be in place by May 2013	CYPC Board/HWBB
	Strategic leaders for Early Help and Leicestershire Partnership Trust agree mechanisms to ensure that expectant parents including those parents with additional needs are targeted for early intervention through the Children centres.	Health Visitor management report routine registration of all children to the Children's Centre programme. The Children's Centre programme report rates of community penetration of 80% as a minimum.	Apr-14	LPG/CYPS/CYPC Board
We will ensure a good transition between child and adult services for children with complex physical and mental health needs	Review progress on the delivery and implementation of the Transitions Strategy Action Plan	70% of young people attend Transitions Reviews held at 14 years. 100% notification from the Disabled Children's Service to Transitions Team before the cyp is 17.5 years old. 80% of Disabled Children's Service staff trained in person centre approaches. Pathway Plans are in place for all (100%) disabled children in care before their 16th birthday.	Mar-14	CYPC Board/Transition Board
	Delivery and implementation of the Carers Strategy 2012-2015 and Delivery Action Plan in relation to young carers and parents/carers of disabled children	Young carers, and parents and carers of disabled children and young people are supported. Number of young carers, their profile and needs is established.	Mar-14	CYPC Board/ICB
Managing the shift to early intervention and prevention				
	Physical Literacy & Healthy Tots (0-5 years): Build upon physical literacy Olympic Legacy investment for 0-5 years to develop new resources and training as part of Healthy Tots "package" – Healthy tots targets Early Year Settings using a Whole Setting approach focusing on 3 core themes: Healthy Eating, Physical Activity & Emotional Health & Wellbeing	Retention of 80% of Existing Early Year Settings that are participating in the ' Healthy Early Years/ Healthy Tots ' Programme continue to be involved & a further 10 settings are recruited. All participating settings to attend physical literacy/activity & nutrition update training in 2013-14	To be developed by June 2013	HWBB / Staying Healthy

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We will maintain or increase the number of children and adults who are a healthy weight, through the provision of a range of healthy weight interventions and the promotion of physical activity and healthy eating	Healthy Weight interventions/Promoting physical activity & healthy eating:			
	<ul style="list-style-type: none"> Expansion of <u>Family Lifestyle Club</u> (FLiC) .Expand programme to enable delivery of programme in <u>every district</u>, on a sustainable basis 	Increased number of families attending Family Lifestyle Clubs	by May 2013	HWBB / Staying Healthy
	<ul style="list-style-type: none"> <u>Food for life partnership:</u> Develop a network of schools and communities across Leicestershire committed to transforming food culture, revolutionising school meals, reconnecting children with where their food comes from, and inspiring families to grow and cook food. Supports schools achieve "Enhanced healthy schools status". Launch of Food for life partnership in Sept 2013 (Academic year) 	An increase by at least 20% of the Number of schools and communities participating in Food for life partnership programme after the first year (the implementation of the FfL programme might be delayed until later on in the year)	Sept 2013 (Academic year)	HWBB / Staying Healthy
	<ul style="list-style-type: none"> <u>Food routes and Big cook little cook</u> this FSA project/resource complements the Food for Life Programme –it provides a 'journey through food'- diet & health, cooking, food safety & shopping it is a range of age appropriate resources designed & developed to enable young people to gain food related skills & knowledge. LNDS supported programme incl/.6 week 'Family' programme and links to FLIC 	At least 20 schools to be participating in Food routes and Big cook little cook after the first year which should lead to an increase in number of referrals to FLIC by 15%	by May 2013	HWBB / Staying Healthy
We will reduce the harm caused by alcohol and drugs	Reduce harm caused by drugs & Alcohol: School Based Social Norms Alcohol /Drugs project- County wide roll out of the project with a focus on other drugs as well as alcohol	Increase in numbers of schools (by at least 5) participating in the project & adopting a 'Whole School Approach to Drugs & Alcohol 'and change in the perception of young people regarding the 'social norms' in participating schools	Sep-13	HWBB / Staying Healthy / Substance Misuse Evaluation framework
We will improve sexual health services for the Leicestershire population	Staying Healthy action plan			HWBB / Staying Healthy

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We will further reduce smoking prevalence by preventing people from starting to smoke and helping people to stop smoking	Staying Healthy action plan			HWBB / Staying Healthy
We will reduce the number of people who die prematurely from cancer	Staying Healthy action plan			HWBB / Staying Healthy