



**ADULTS AND COMMUNITIES OVERVIEW AND SCRUTINY COMMITTEE**  
**5 JUNE 2023**

**LEICESTER, LEICESTERSHIRE AND RUTLAND**  
**JOINT LIVING WELL WITH DEMENTIA STRATEGY 2024-28**

**JOINT REPORT OF THE DIRECTORS OF**  
**ADULTS AND COMMUNITIES AND PUBLIC HEALTH**

**Purpose of the report**

1. The purpose of this report is to present the draft Leicester, Leicestershire and Rutland (LLR) Joint Living Well with Dementia Strategy 2024-28 and invite comments. Subject to the Cabinet's approval on 23 June the Strategy will then be the subject of a formal consultation exercise.
2. The report also updates the Committee on the progress of work under the current Strategy (2019-22).

**Policy Framework and Previous Decisions**

3. The relevant policy framework includes:
  - a) National legislation and guidance:
    - The Care Act 2014
    - The White Paper - People at the Heart of Care: adult social care reform - December 2021
    - The Mental Capacity Act 2005
    - The NHS Long Term Plan 2019
    - The Challenge on Dementia 2020.
  - b) County Council policies/strategies:
    - Leicestershire County Council Strategic Plan 2022-2026: the Dementia Strategy has relevance to all five outcomes of the Strategic Plan, but contributes particularly to the 'Keeping People Safe' outcome.
    - Adults and Communities Department Ambitions and Strategy for 2020–2024: the Dementia Strategy demonstrates how the Council will promote wellbeing for people with dementia, and prevent, reduce, delay, and meet need for formal adult social care.
    - Leicestershire Joint Health and Wellbeing Strategy 2022-2032, which states that the partners will provide joined up services that support people and carers to live independently for as long as possible, including those with dementia.
    - Medium Term Financial Strategy (MTFS), which sets the financial context for delivery of the Dementia Strategy in Leicestershire.

4. On 16 October 2018, the Cabinet approved the LLR Living Well with Dementia Strategy 2019–2022.

### **Background**

5. The third LLR Living Well with Dementia Strategy which, following public consultation and approval will cover the period 2024-2028, is underpinned by the guiding principles from the NHS Well Pathway for Dementia.
6. The current Strategy running from 2019-2022 was approved by the Cabinet on 16 October 2018. Due to the unprecedented circumstances caused by the pandemic, the joint LLR Dementia Programme Board decided to extend the existing Strategy by an additional year to 2023.
7. The previous Strategy generated a number of LLR wide actions, most of which have progressed, and others which are proposed to continue into the next Strategy.
8. Achievements of the current Strategy include:
  - Continuation of a strong partnership approach through the LLR Dementia Programme Board with LLR councils, the Integrated Care Board (ICB), Leicestershire Partnership NHS Trust (LPT), University Hospitals of Leicester (UHL), the voluntary sector and other allied professionals.
  - Dementia risk factors are part of primary care health checks.
  - Surgeries are using a tool to assist them develop dementia-friendly GP practices.
  - A Joint Strategic Needs Assessment (JSNA) chapter on dementia has been completed which informs the Strategy.
  - Information and advice supporting people living with dementia has been promoted across the area, particularly through the Dementia Support Service and the LLR Dementia Friendly Guide.
  - There has been successful procurement and operation of the advice and guidance Dementia Support Service in Leicester and Leicestershire provided by Age UK LeicesterShire and Rutland.
  - A small group of people with lived experience supported the procurement of the Dementia Support Service and the drafting of this Strategy and have become members of the Dementia Programme Board.
  - The local dementia-friendly community network continues to support dementia awareness and is linked closely with the Dementia Programme Board.
  - Living well activity and awareness raising has been prioritised in most of the neighbourhood plans for LLR.
  - A small team of Admiral Nurses (specialist dementia nurses) work within UHL to provide inpatient expertise to staff and patients living with dementia as well as a meaningful activities team.
  - Leicestershire County Council's Positive Behaviour Support team has begun a new approach to supporting care providers concentrating on managers and employers to develop best practice in supporting people who present challenges through developing policy, support tools, training, and culture change.
  - Additional expectations were added to the new Home Care for Leicestershire contracts to improve and monitor the quality of care for people with dementia.

9. Areas of activity which have proven challenging are:
- Diagnosis rates have reduced substantially as a result of services closing due to the pandemic. There is also a disparity in the diagnosis rates in the County compared to the City. Currently the diagnosis rates for the LLR area are; West Leicestershire 59.1%, East Leicestershire and Rutland 58.7% and Leicester 74.7% against a national target of 66.7%. This disparity is thought to be partly as a result of the diagnosis clinics being run exclusively at Glenfield Hospital in the Leicester conurbation, and therefore difficult for people living in less accessible or rural areas of the County to reach. In response, the LPT has committed to running diagnosis clinics in County locations as opposed to solely at the Memory Assessment Service in Leicester. There is a focus on “seldom heard” groups in the revised Strategy and this will include rural communities in Leicestershire.
  - Admissions avoidance, admissions and discharge pathways and post-discharge support for people with complex dementia remain a priority.
  - Ensuring people and professionals have access to the tools they need to be confident and competent to live with or care for someone with dementia remains a priority.
  - Activity that supports people to remain independent, requires further improvement with communities and in neighbourhoods.

### **The revised Strategy for 2024-2028**

10. The revised draft Strategy, attached as Appendix A to this report, has been developed by a subgroup of the Dementia Programme Board which comprises Leicestershire County Council, Leicester City Council, and Rutland County Council, the ICB and voluntary sector organisations.
11. From November 2022, the co-production group of the Dementia Support Service provided insight into the action points as well as offered advice on the content and layout of the Strategy from the perspective of having dementia or caring for someone with dementia.
12. Healthwatch LLR surveyed over 250 people living with dementia across LLR that attended social groups or completed a written survey. The feedback, which has informed the Strategy and which will shape the delivery plans of the partner organisations can be summarised as:
- There are inconsistencies across LLR with variations in the speed and types of diagnostic pathways.
  - Despite multiple channels of information, there are inconsistencies in people’s experiences of access to and appropriateness of it.
  - There is an inconsistent provision of and access to support services with many different barriers to be addressed.
  - People living with dementia and their carers who had access to services provided by Admiral Nurses, Age UK, Voluntary Action South Leicestershire (VASL) and the Alzheimer’s Society highly value the support and information they receive.
  - There is poor recognition of the needs of those with early onset dementia.
  - There were suggestions supporting the need for a single point of access, such as a hub, to improve information and access to services.

13. A younger onset dementia event in November 2022 included a facilitated focus group engagement activity with 19 people under the age of 65 living with dementia.
14. The Council's Engagement Panel was informed of the Strategy and officers will report back periodically to update through the consultation period.
15. In addition to this engagement, local and national intelligence was used including:
  - The JSNA for Dementia 2018-2021.
  - Feedback from surveys and interviews with officers, providers and people using day services on the impact of the COVID-19 pandemic and carer needs.
  - Contract and commissioning meetings with the Dementia Support Service provided by Age UK on current needs and issues facing people receiving their service.
  - Feedback from members of the LLR Dementia Programme Board who either commission or provide dementia specific support.
  - Feedback from other voluntary organisations supporting people living with dementia particularly around access to support from diverse communities.
16. The revised Strategy is intended to be implemented from January 2024 (subject to the Cabinet's approval and similar governance processes in Leicester City and Rutland Councils). It is proposed that this Strategy is set for a period of five years. There is scope through the Dementia Programme Board to measure the Strategy's actions against any new and emerging health and social care national policy and amend if required.
17. The Strategy will be presented as pages on each of the three Councils' websites or as a link from each of the three Councils' websites to one host website, and therefore design and formatting are minimal at this stage.

### **Actions for the County Council's Adult Social Care and Public Health Services**

18. The priority actions described in the document are high-level as they must cater to all of the organisations involved. Each statutory organisation will therefore have a delivery plan addressing its specific priorities against the Strategy action plan.
19. The Dementia Programme Board will monitor the progress of the action plans and will support organisations to set targets for each year, underpinned by their delivery plans. The Board expects organisations to work collaboratively to achieve the overarching Strategy actions. This includes working at a neighbourhood and place-based level and co-dependencies with other workstreams.
20. For adult social care the key actions are contained within the 'supporting well' section of the Strategy, and the 'living well' section is relevant to activity within Public Health and Adults and Communities more broadly. NHS commissioning and service provision, whilst also relevant to support, living with dementia and the end of life, has a responsibility for prevention and diagnosis.
21. In order to ensure that the priorities for adult social care are delivered, a refreshed Dementia Strategy Delivery Group has commenced to develop the Council's Delivery Plan and collaborations required with NHS Trusts, ICB and the Health and Wellbeing Board. A delivery plan for the Council will be brought to this Committee and the

Cabinet in autumn 2023 with the results of the consultation and the final draft of the Strategy.

### **Consultation**

22. The Strategy requires a public consultation, and it is proposed that the County Council host this during summer 2023 on behalf of LLR partners. A draft of the consultation document is attached as Appendix B.
23. There will be a simplified version for people with dementia. The consultation will be online with printed copies available on request.
24. The Dementia Partnership Board will ensure wide communication of the draft Strategy, such as through press releases, the Council's own social media and newsletters, promotion through partner organisations and adult social care providers, and to unpaid carers.

### **Resource Implications**

25. There is no additional investment attached to this Strategy.
26. The Director of Corporate Resources and Director of Law and Governance have been consulted on the content of this report.

### **Timetable for Decisions**

27. The proposed time frame for the consultation is as follows:

|  |                  |
|--|------------------|
| Adults and Communities Overview and Scrutiny Committee | 5 June 2023      |
| Cabinet – permission to consult                        | 23 June 2023     |
| Consultation   | July-August 2023 |
| End of consultation                                    | August 2023      |
| Results of consultation available                      | September 2023   |
| Reports to Scrutiny and Cabinet                        | Autumn 2024      |
| Strategy launched                                      | January 2024     |

### **Conclusions**

28. Cabinet approval is required to undertake a formal joint consultation alongside Leicester City Council, Rutland Council, and the ICB on the priorities and actions identified for supporting people with Dementia, their carers and families.
29. Following significant stakeholder engagement, the draft Strategy has been developed alongside partner agencies and will proceed to the Cabinet on 23 June 2023.
30. Amendments may be required to the draft Strategy after formal consultation responses are received.

## **Recommendation**

31. The Committee is invited to comment on the draft Strategy and the proposals for public consultation, prior to the request to Cabinet on 23 June 2023 seeking approval to consult.

## **Background papers**

LLR Living Well with Dementia Strategy 2019-2022

<https://resources.leicestershire.gov.uk/sites/resource/files/field/pdf/2018/12/24/LLR-Living-Well-with-Dementia-Strategy-2019-2022.pdf>

The Prime Minister's Challenge on Dementia 2020

<https://www.gov.uk/government/publications/prime-ministers-challenge-on-dementia-2020>

NHS Well Pathway for Dementia <https://www.england.nhs.uk/mentalhealth/wp-content/uploads/sites/29/2016/03/dementia-well-pathway.pdf>

Joint Strategic Needs Assessment chapter for dementia <https://www.lsr-online.org/uploads/dementia.pdf?v=1649162842>

Leicestershire County Council Strategic Plan 2018-22 <https://bit.ly/3Pe6nh5>

Delivering Wellbeing and Opportunity in Leicestershire – Adults and Communities Department Ambitions and Strategy for 2020-24 <https://bit.ly/3swoTal>

People at the Heart of Care: Adult Social Care Reform White Paper <https://bit.ly/3w7FfsE>

NHS Long Term Plan <https://www.longtermplan.nhs.uk/>

Leicestershire Joint Health and Wellbeing Strategy 2022-2032

<https://politics.leics.gov.uk/documents/s166738/Appendix%20A%20JHWS.pdf>

Leicestershire County Council Medium Term Financial Strategy (MTFS)

## **Circulation under the Local Issues Alert Procedure**

32. A copy of this report will be circulated to all members of the County Council.

## **Equality Implications**

33. As this is an LLR Strategy the Equality Impact Assessment for the whole draft Strategy has been developed jointly with key Council and ICB colleagues and led by Leicester City Council, and therefore used the City Council template. However, to ensure alignment with County Council processes the information has also been transposed onto the Council's template and where required to reflect Leicestershire's demographic information has been added, and attached to this report as Appendix C.

## **Human Rights Implications**

34. There are no Human Rights Implications arising from this report.

**Appendices**

Appendix A Draft Living Well with Dementia Strategy 2024-28

Appendix B Draft consultation document

Appendix C Equality Impact Assessment for Leicestershire

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