



Leicestershire Partnership
NHS Trust

HEALTH OVERVIEW AND SCRUTINY COMMITTEE –
10 NOVEMBER 21

EATING DISORDERS IN CHILDREN AND ADULTS

LEICESTERSHIRE PARTNERSHIP NHS TRUST

Purpose of the Report

1. The purpose of this report is to provide the Committee with information regarding the provision of services for Children and Young People (CYP) and adults with clinical eating disorders in Leicester, Leicestershire and Rutland. The attached slides provide national and local context regarding the impact of the Covid19 pandemic on those living with or predisposed to having an eating disorder through the increase in referrals.
2. The slides show how the local health system is working to keep CYP and adults safe whilst waiting and also outlines the additional investment secured to expand these services in light of the increase in demand. This additional investment includes development of an Avoidant Restrictive Food Intake Disorder (ARFID) pathway, particularly focussed on providing support for people with eating difficulties and co-morbid Autistic Spectrum Disorder.

Policy Framework and Previous Decisions

3. *The NHS Long Term Plan – 2019*
4. *Access and Waiting Time Standard for Children and Young People with an Eating Disorder – National Collaborating Centre for Mental Health – NHS England 2015*

Background

5. The accompanying slides outline the current position regarding service provision for eating disorder services locally and the impact on service delivery from Covid19.

6. Eating Disorders have the highest mortality rate of all the major Psychiatric Disorders and there have been recent high-profile deaths reported nationally.

Resource Implications

5. Resource implications and current funding have been included in the accompanying slides.

Conclusions

6. The committee is asked to receive this update in response to the request to provide information regarding local services.

Appendices

Presentation slides.

Officer to Contact

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