



## **HEALTH AND WELLBEING BOARD: 24<sup>TH</sup> JANUARY, 2019**

### **REPORT OF THE UNIFIED PREVENTION BOARD**

#### **UNIFIED PREVENTION BOARD UPDATE**

##### **Purpose of report**

1. The purpose of this report is to update the Board on the work of the Unified Prevention Board (UPB) in delivering the prevention offer in conjunction with partners across Leicestershire including developing pathways how this work flows into the work of each partner organisation.

##### **Link to the local Health and Care System**

2. The Unified Prevention Board (UPB) is a sub-group of the Leicestershire Health and Wellbeing Board. It oversees the development and delivery of prevention activities underpinning the health and wellbeing strategy for Leicestershire and ensuring that the objectives of the Sustainability and Transformation Partnership (STP) prevention work stream are closely aligned with the Leicestershire prevention strategy and are jointly delivered locally as needed across Leicestershire.

##### **Recommendation**

3. The Health and Wellbeing Board is asked to note the contents of the report.

##### **Background**

4. This report is for information to advise the board of the future work programme of the UPB. It details the priorities for the next six months and partnership plans to deliver against these to create a fully developed prevention offer. The board has developed a clear plan to deliver the prevention offer with a work programme for 2019/20. The next six months will focus on the areas detailed below.

##### **Work programme – the next six months**

5. The UPB will continue to work on the three cross-cutting programmes. These are:
  - Joined up communications
  - Healthy workforce = Healthy Leicestershire
  - Lessons learned from key integration programmes
6. The draft Communications plan up until March 2020 has been produced and will be co-ordinated with partners to ensure join up with subjects and timings; creating a co-ordinated approach across areas of prevention. Some of the main themes in the plan

include the self-care campaign, reducing loneliness and social isolation, volunteering activity and Better Care Together activity.

7. The top priorities/issues for the workplace health programme include poor sleep management, low physical activity levels and poor fruit and vegetable consumption. As the work continues into 2019, the programme will aim to address these priorities with organisations to achieve better outcomes for the Leicestershire workforce with a workplace health tool being developed for use by partners and staff within their organisation and the workplace charter, which will be on the agenda for the March 2019 meeting.
8. Previous key integration programmes have helped to shape the development of the prevention offer to support ILT's. This programme of work will support the Hinckley pilot particularly in the first three months of delivery. For example, learning on developing the outcomes framework for Lightbulb is helping to influence the data collation and user experience measures for ILT Care Co-ordinators.
9. Leading on the development of the wrap-around prevention offer for ILT's will be one of the core activities of the UPB for the next six months. Integral to this is creating three frameworks of available community support directly related to the ILT cohorts of Frailty, High Cost and multiple long-term conditions for First Contact and Local Area Co-ordination (the Social Prescribing front-door) to access directly when patients are referred for ongoing non-clinical support.

### **Additional work**

10. Additional areas of focus for the UPB for the next six months are:
  - Delivering the Local Government Association's (LGA) funded projects – Prevention at Scale (PAS) and Local Investment Programme (LIP)
  - Linking the UPB's information and advice offer to support Adult Social Care requirements including use of the Social Prescribing front door
  - Working with district health leads to develop partnership approaches to delivering the Making Every Contact Count (MECC) methodology and supporting the reduction in locality health inequalities detailed in the Health Profiles of each area.
  - Collaborating with the Blue Light Services on the developments of the Falls prevention services and People Zones
11. The LGA have funded two areas of development of prevention activity throughout Leicestershire. The first, PAS aims to look at the reasons why patients visit GP's for non-medical interventions. The project collates and analyses qualitative information from patients directly and uses this to determine what improvements could be made to ensure that people can access the right information from the right sources at the right time.
12. Learning from the project will help to develop prevention activity to ensure it is marketed appropriately and that in-depth, qualitative understanding of personas is used to build appropriate pathways into prevention service. This methodology will be used as part of the qualitative information gathering from patients using the prevention offer within ILT's.
13. The LIP project is supporting the application for partners to share NHS data to prove where prevention services may have reduced the usage of more costly health

services. New mechanisms for measuring this are being developed again, building on the learning of the Lightbulb project that successfully showed the reduction housing interventions could have on the usage of hospital and social care services.

14. Adult Social Care are keen to work with UPB partners on ensuring their information and advice offer is supported effectively across Leicestershire. This will be introduced at the January board with a view to UPB representatives supporting a wider workshop due to take place in March. This will aim to build on the use of the developed Social Prescribing offer that operates across Leicestershire using First Contact as the front door with Local Area Co-ordinators offering a face to face dialogue with residents.
15. Making Every Contact Count (MECC) is about encouraging and helping people to make healthier choices to achieve positive long-term behaviour change and to build a culture and operating environment that supports continuous health improvement through the contacts it has with individuals.
16. The Local Authority Health Profiles pull together existing information in one place and contain data on a range of health and wellbeing indicators for local populations. They are intended as 'conversation starters' to highlight local issues and priorities for members, and for discussion at Health and Wellbeing Boards.
17. The UPB will be receiving presentations on the Falls prevention service that has been developed with the Fire and Ambulance services and ongoing developments with People Zones from the police service.

### **Officers to Contact**

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### **Relevant Impact Assessments**

#### **Equality and Human Rights Implications**

18. The work being undertaken would have a positive impact on the health of the population.

#### **Partnership Working and Associated Issues**

19. The recommendations within this report focus on actions across agencies that will improve the population's health. The basis of the report is improving population health in partnership with other key agencies.

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