

HEALTH AND WELLBEING BOARD: 27 SEPTEMBER 2018**Future in Mind
Children & Young People's Emotional, Mental Health & Wellbeing
Transformation Plan
Implementation Review October 2018****Purpose of the report**

1. The purpose of this report is to provide information on the progress and implementation of the local transformation plan for children & young people's emotional, mental health and wellbeing services across LLR.

Link to the local Health and Care System

2. The Department of Health's Task Force Report, "Future in Mind: Promoting and Improving our Children & Young People's Mental Health and Wellbeing" (Feb 2015) looked at how to make it easier for children & young people to access help and support when needed and to improve how mental health services are organised, commissioned and provided. As a result NHS England (NHSE) published a national ambition for how to transform children & young people's emotional, mental health and wellbeing services.
3. In 2015 health and care organisations in Leicester, Leicestershire and Rutland (LLR) set out on a five year journey to improve and transform the mental health and wellbeing services for local children & young people.
4. Sustainability and Transformation Plans (STPs) were announced in NHS planning guidance published in December 2015. NHS organisations and local authorities in different parts of England have come together to develop 'place-based plans' for the future of health and care services in their area. In LLR, draft plans were produced in June 2016 and 'final' plans were submitted in October 2016. The LLR Transformation Plan covers the 3 regional Clinical Commissioning Groups and the 3 Local Authority Health and Wellbeing Boards:

Recommendation

5. The Health and Wellbeing Board is asked to note the progress made in relation to implementation of the Local Transformation Plan and to agree the proposed developments for 2019-21 as detailed at paragraph 13 of the report.

Policy Framework and Previous Decisions

6. The existing plan and proposed developments for 2019-21 are based on principles set out in The Department of Health's Task Force Report (Feb 2016); Future in Mind; Promoting and Improving our children and young people's mental health and wellbeing.

7. The Health and Wellbeing Board considered a report concerning a refresh of the Local Transformation Plan for 2017/18 in January 2018 where it approved that the revised version be submitted to NHS England.

Background

8. The Children and Young People's Mental Health and Wellbeing National Taskforce (2014) focussed on how to make it easier to access help and support when needed and to improve how children and young people's mental health services are organised, commissioned and provided.

The Leicester, Leicestershire and Rutland's Transformational Plan aims to:-

- Develop in partnership with children and young people (C&YP) and key stakeholders
- Set out a multi-agency approach to improve mental health and wellbeing in C&YP
- Address gaps in current service provision

9. The Taskforce's vision is that children & young people will have access to the right help at the right time through all stages of their emotional and mental health development. For this to happen, it has developed a whole system approach to delivering a range of emotional, mental health and wellbeing services that meet all levels of need.
10. Engagement has taken place with all stakeholders, including education, social care, health, police, housing and justice, and children & young people and their families which has helped develop a shared work plan with key priorities, including joint commissioning. Improvements have also been made to the interfaces between agencies to reduce fragmentation in commissioning and service delivery so that organisational boundaries are not barriers to care.
11. The progress and implementation of the Transformation Plan is monitored through monthly Future in Mind Governance Meetings which includes representatives from NHS England Specialised Commissioning, the three LLRs, Public Health, third sector organisations (such as Voluntary Action Leicester, Relate and Mair Health Ltd), Leicestershire Youth Justice Service, local schools and colleges. Primary Care and Community Groups. A full list of those organisations represented can be found at paragraph 22 of the report.
12. In 2017-18 the Taskforce has focussed on a system-wide 'children & young people's emotional, mental health and wellbeing' pathway. Services include:
- Primary Mental Health Teams
 - Resilience (including resilience in schools, 0-19 healthy child programmes)
 - Online counselling
 - Social Care & Early Help (Local Authority Services)
 - Early Intervention (working with voluntary sector)
 - Specialist Mental Health (working with CAMHS and specialist teams e.g. early psychosis, eating disorders)
 - Crisis Resolution and Home Treatment
 - Learning Disability Assertive Outreach
 - Family Action Post Sexual Abuse Counselling
 - Liaison Psychiatry
 - City Early Intervention Psychology Support (CEIPS)

Next Steps for 2019/21

13. In 2019-20 work will continue in partnership with children, young people, families, carers and professionals to shape the pathway. Investments for the next year to help transform services further have already been identified. These include:
- Interventions for children & young people who have Autism with or without Learning Disability
 - ADHD
 - Triage & Navigation Service
 - Trailblazer Mental Health Support Teams working in partnership with education providers
 - The Mistle Project - A wraparound therapeutic service for children and young people between the ages of 5 – 18. The project aims to focus on the complex case management, where the child or young person has experienced multiple placement breakdowns due to their behaviour. The service offers intensive support and intervention to help to keep the young person in their current residence as well as provide advice and support to the staff and carers. The service also provides some post placement psychological work with young people aged 16-20.
 - Support for children & young people who have come into contact with the criminal justice system and developing trauma focussed interventions.
14. A presentation detailing the progress of the local transformation plan and development areas for 2019-21 is attached as an appendix to the report.

Consultation/Patient and Public Involvement

15. In order to develop the existing Transformation Plan, engagement events were held during the early part of 2016 involving children, young people and their families and carers. These enabled the capture of children and service user views. The 'voice of the child' was used to inform the pathway development and the planned schemes of work.
16. To help identify the priorities for the 2019/21 Plan, a Participation and Involvement Network was launched in August 2018 as a forum in which professionals and stakeholders could come together to engage in shaping work and decision making. It is an opportunity to provide further feedback on services, the Transformation Plan and care pathways.

Resource Implications

17. Resources have been allocated through the Future in Mind Transformation Programme in partnership with NHS England and stakeholders

Timetable for Decisions

18. There is a requirement for the next stage of the local transformation plan, to be signed off by the Leicester, Leicestershire and Rutland Health and Wellbeing Boards and the Clinical Commissioning Groups (CCGs) for assurance, and then forwarded to NHS England by 1 October 2018

Circulation under the Local Issues Alert Procedure

None

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List of Appendices

Presentation - Future in Mind - Transforming Emotional, Mental Health & Wellbeing Services for Children and Young People

Relevant Impact Assessments

Equality and Human Rights Implications

19. Throughout the delivery of the Transformation Plan, consideration has been given to ensure that health inequalities are appropriately identified and addressed. Actions are taken as appropriate through the completion of equality impact assessments.

Crime and Disorder Implications

20. Developing pathway of services to enhance clinical pathway for young offenders. Those children & young people with trauma related concerns will receive a full mental health assessment to inform the interventions needed. The team will develop a bespoke training package and provide training to the Youth Offending Teams, to enable a shared approach to therapeutic evidence based interventions.

Environmental Implications

21. None

Partnership Working and associated issues

22. Worked in partnership with a wide variety of organisations involved with children & young people's services from across health, local authority, voluntary and community sector, schools and colleges, and police has taken place throughout the transformation programme. The following stakeholders have been represented in our Future in Mind (FIM) Steering Group:
- Leicester City Local Authority Director of Children's Services
 - Leicestershire Local Authority, Director of Children's Services
 - Rutland Local Authority Children and Family Services Director
 - Leicester City Public Health Consultant
 - Leicestershire Public Health Consultant
 - Director of Nursing & Quality
 - Leicester City CCG Finance Officer

- Leicester City CCG CAMHS and Future in Mind Transformation Lead.
- GP Representative
- Children & young people (through participation & involvement activity)

Risk Assessment

23. A risk register is reviewed on a monthly basis by the FIM steering group.

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