



## **HEALTH AND WELLBEING BOARD: 24 MAY 2018**

### **REPORT OF THE DIRECTOR OF ADULTS AND COMMUNITIES**

#### **DRAFT LEICESTER, LEICESTERSHIRE AND RUTLAND LIVING WELL WITH DEMENTIA STRATEGY 2019–2022**

##### **Purpose of report**

1. The purpose of this report is to provide the Health and Wellbeing Board with an update concerning the development of the Draft Leicester, Leicestershire and Rutland Living Well with Dementia Strategy 2019 -2022 and to seek the Board's views on the Strategy as part of the consultation arrangements.

##### **Link to the local Health and Care System**

2. The Draft Leicester, Leicestershire and Rutland Living Well with Dementia Strategy 2019 – 2022 is a joint Strategy with all local authorities and Clinical Commissioning Groups (CCGs) across LLR and sets out the draft strategic priorities relating to dementia. The Dementia Strategy is governed by the kDementia Programme Board, a sub group of the Sustainability and Transformation Partnership (STP). The actions identified within the Strategy cut across a number of Integration and Health and Wellbeing work streams, including the Unified Prevention Offer, Home First and Integrated Domiciliary Care.

##### **Recommendation**

3. The Board is invited to comment on the draft Leicester, Leicestershire and Rutland (LLR) Living Well with Dementia Strategy 2019–2022.

##### **Policy Framework and Previous Decisions**

4. The relevant policy framework includes:
  - The Care Act 2014;
  - The Equality Act 2010;
  - Prime Minister's Challenge on Dementia 2020;
  - Better Care Together Five Year Strategic Plan 2014-2019;
  - Leicestershire Joint Health and Wellbeing Strategy 2017-2022;
  - Leicestershire County Council's Strategic Plan for 2018-22 – Working Together for Everyone;
  - The Leicestershire Adult Social Care Strategy 2016-2020;
  - CCGs Operational Plans;
  - University Hospitals of Leicester (UHL) Dementia Strategy 2016-2019.

## **Background**

### **The Law relating to Dementia Support**

5. The Care Act 2014 introduced new responsibilities for local authorities from April 2015. This requires local authorities and health partners to work together to integrate services where possible, in order to provide seamless support, avoid duplication and achieve best value for money.

### **The Prime Minister's Challenge on Dementia 2020**

6. In February 2015, the Department of Health published the above document detailing why dementia remains a priority and outlining the challenges faced by the UK. The key priorities identified were threefold; to improve health and care, to promote awareness and understanding, and to invest in research.

### **The LLR Dementia Strategy**

7. The Dementia Programme Board, with membership across partnership organisations including CCGs, local authorities, UHL, voluntary organisations, the police and De Montfort University, has drafted the Dementia Strategy and the high level delivery plan. The multi-agency partnership works to ensure that interdependencies are identified.
8. Funding is not addressed directly within the Strategy. However, available resources will be reflected in individual organisational plans that will be developed by partners setting out their role in the delivery of the Strategy.

## **Local Strategic Responses**

9. The Better Care Together (BCT) Five Year Strategic Plan establishes the future shape of health and social care services across LLR. The Plan addresses demand issues in the system as the population is ageing and living longer with more complex long term needs.
10. The BCT Plan sets out the actions that need to be taken across the health and care system in LLR over the next five years in order to improve health outcomes and ensure services are safe, of a high quality and within the financial resources available. The Strategy builds on the vision of the existing BCT programme to "Support you through every stage of life, helping children and parents so they have the very best start in life, helping you stay well in mind and body, and caring for the most vulnerable and frail and when life comes to an end."

## **Dementia Support in Leicestershire**

11. The estimated number of people with dementia in Leicestershire is 9,642 of which 9,548 (99%) are over the age of 65. The total population aged 65 and over in Leicestershire is some 139,400, so 6.8% of this cohort is living with dementia.
12. The dementia diagnosis indicator compares the number of people thought to have dementia with the number of people diagnosed with dementia. The target set by

NHS England is that two thirds (67%) of people with dementia are diagnosed.

13. All CCG areas are meeting the 67% national target in relation to diagnosis rates and appropriate referrals are being made to memory assessment clinics, underpinned by a shared care agreement. As at November 2017, the overall diagnosis rate across LLR was 74%, with a relatively higher performance of 87% in Leicester City, 73% in West Leicestershire and 67% in East Leicestershire and Rutland.
14. General Practitioners (GPs) have been supported to understand and promote key preventative messages, as well as developing health checks and a dementia friendly GP toolkit.
15. The memory pathway is well embedded across the area with good connections between primary care, memory clinics, post diagnostic support services, and social care.
16. The total demand-led Council spend for 2017/18 to support people in Leicestershire whose primary need relates to memory and cognition is £6.77m and this provides for residential, domiciliary and other services commissioned to support such individuals. This includes brain injury and developmental disabilities but the majority will be spent upon people with a diagnosis of dementia. Other services will also be provided to people with dementia so this does not therefore represent dementia support costs in their totality.
17. The jointly commissioned Dementia Support Service (health and social care across Leicester and Leicestershire) began in October 2017, offering a single point of access for people with dementia, carers and professionals. Total joint funding by the partners for this service is £495,000 per annum, of which the County Council's contribution is £281,000 from the Better Care Fund (approved by the Cabinet on 10 March 2017).
18. In addition to the Dementia Support Service, there is a range of support across Leicester and Leicestershire for people with dementia and carers. This includes advice, information, training and carer respite. Advocacy and safeguarding services are in place, assistive technology solutions are widely offered, and a variety of social opportunities such as activity groups, memory cafes and befriending are available to support people and carers to live well with dementia.
19. Contract monitoring is led by Leicester City Council (the lead commissioner and contract holder), involving and reporting to the contributing organisations' commissioners in order to ensure equitable provision across Leicester and Leicestershire, and to ensure people with dementia across all these areas are cared for and supported well.
20. Provision in Rutland is aligned to the Leicester and Leicestershire service, but operates separately to facilitate links with Peterborough hospitals used by many Rutland residents.
21. NHS and social care organisations offer staff training programmes, and strong links have been made with the local Dementia Action Alliance social movement to recruit dementia friends and work towards creating more dementia friendly communities.

## **Engagement**

22. Engagement with people living with dementia and their carers has been undertaken across the area to understand their experiences of the health and social care system to inform future work.
23. Visits to dementia cafes, carers groups and activity groups in 2017 identified support for strengthening locality based approaches, working closely with both primary and secondary care services, and the importance of post diagnostic support.
24. Other issues which emerged during initial engagement with stakeholders were the importance of good links between the provider and primary care services, to ensure appropriate referral pathways are understood and used, the need for good, timely, accessible information, and the value placed upon peer support found in groups and dementia cafes.

## **The draft LLR Living Well with Dementia Strategy**

25. The development of the draft Strategy has been overseen by the LLR Dementia Programme Board. It has been guided by principles developed by NHS England in its transformation framework, the “Well Pathway for Dementia”, based on the National Institute for Health and Care Excellence guidelines, the Organisation for Economic Co-operation and Development Framework for Dementia, and the Dementia “I” statements from the National Dementia Declaration.
26. The “Well Pathway for Dementia” has five key aims:
  - Preventing well: the risk of people developing dementia is minimised;
  - Diagnosing well: timely, accurate diagnosis, care plan, and review within the first year;
  - Supporting well: access to safe, high quality health and social care for people with dementia and carers;
  - Living well: people with dementia can live normally in safe and accepting communities;
  - Dying well: people living with dementia die with dignity in the place of their choosing.

## **The draft LLR Strategy Delivery Plan**

27. The Strategy Delivery Plan identifies key activity under each of the five “Well” headings, with the responsible lead agency (pages 11-13).
28. Each member of the LLR Dementia Programme Board will reflect these delivery actions in their own organisational plans and the needs of under-represented groups will be considered in all of the actions listed.
29. With regard to ‘Preventing Well’, work is ongoing to develop dementia friendly GP practices and the promotion of health checks in Primary Care.
30. Promoting the memory pathway, developing a process to increase the number of people being diagnosed within six weeks of referral and working with care homes to pilot the dementia diagnosis toolkit are all key aspects of the ‘Diagnosing Well’

theme.

31. Within 'Supporting Well', raising awareness of dementia amongst housing providers, together with focusing on improving in-patient experience and discharge are two of a number of important initiatives.
32. Supporting work to improve care for people with complex dementia in care homes and reviewing care and support standards across LLR together with a number of other strands of work form the 'Living Well' with dementia theme.
33. Finally, with regard to 'Dying Well', stronger links have been formed with the STP End of Life work stream to highlight the needs of those with dementia.
34. There are a number of action points that require integrated and joint working and relate to current work streams and sub groups, eg Home First and Help to Live at Home. These require a joint implementation plan.
35. The delivery plan will be refreshed on an annual basis to ensure its relevance.
36. The draft Strategy has taken account of the key actions required in respect of the BCT Plan and the Prime Minister's Challenge feedback from individual organisations governance meetings and people affected by dementia prior to the public consultation commencing.

### **Consultation**

37. Formal consultation would assure the partnership that the draft Strategy fairly reflects the priorities from all stakeholder perspectives and supports the development of a more detailed implementation plan for Leicestershire.
38. Following approval from all partners, the consultation commenced on the 19 April 2018 and runs until the 22 June 2018 and is being led and hosted by Leicester City Council.
39. The consultation will seek the views of the general public, carers, service users, stakeholders and partners through an online questionnaire and targeted consultation with carers, particularly those currently accessing support.
40. The consultation is available directly from the Leicester City Website and also via a link on the Leicestershire County Council "Have your say" page - <https://consultations.leicester.gov.uk/communications/living-well-with-dementia-strategy-consultation/>
41. A joint LLR communications plan has been established which will raise public awareness of the consultation and also encourages feedback from current users of services their families and carers via the commissioned providers, the voluntary sector and statutory services. In addition, all Dementia Programme Board members are responsible for alerting their organisations about the consultation and request it is communicated widely.
42. Outcomes of the consultation will determine the final version of the Dementia Strategy for the next three years; establish future implementation plans across the

partnership and specific actions for Leicestershire and inform the approach to support and guide future commissioning decisions.

### **Resource Implications**

43. There are no resource implications arising directly from this report. However, the Strategy, along with the stakeholder and consultation feedback received, will be used to shape future commissioning decisions for Dementia services.

### **Timetable for Decisions**

44. The draft Strategy has been presented to respective CCG and local authority governance boards.
45. The consultation outcomes, the final Dementia Strategy and a specific implementation plan for Leicestershire will be reported to its Cabinet in autumn 2018. Each CCG, Rutland and Leicester City Councils will also take the Strategy to their governance boards with their specific implementation plans with the final Strategy commencing at the beginning of 2019.

### **Background papers**

Report to the Cabinet – 5 February 2016 - Adult Social Care Strategy 2016-2020

<http://politics.leics.gov.uk/ieListDocuments.aspx?CId=135&MId=4599&Ver=4>

Report to the Cabinet – 10 March 2017 – Better Care Fund Plan 2017/18 – 2018/19

<http://politics.leics.gov.uk/ieListDocuments.aspx?CId=135&MId=4859&Ver=4>

Report to the Cabinet – 9 March 2018 – Draft LLR Living Well with Dementia Strategy 2019-2022

<http://politics.leics.gov.uk/ieListDocuments.aspx?CId=135&MId=5178&Ver=4>

### **Circulation under the Local Issues Alert Procedure**

46. A Members' News in Brief was issued to all Leicestershire County Council Councillors on the 19 April 2018, advising of the commencement of the consultation.

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## **List of Appendices**

- Appendix A – Draft Leicester, Leicestershire and Rutland Living Well with Dementia Strategy 2019–2022

## **Relevant Impact Assessments**

### **Equality and Human Rights Implications**

47. A joint Equalities and Human Rights Impact Assessment screening, including improvement actions to address equalities issues already identified, has been undertaken.

## **Partnership Working and associated issues**

48. A number of action points identified in the draft Strategy have implications for partnership working. Whilst each individual organisation is developing their own internal implementation plan these cannot be delivered in isolation or without reference to work already underway in STP or BCT work streams. These particular action points are listed below:
- Increase Public Health involvement in the work of the Dementia Programme Board;
  - Work with care homes to pilot and roll out the dementia diagnosis toolkit;
  - Contribute to a review of the workforce development offer to ensure a focus on high levels of expertise when delivering personal care;
  - Continue to focus on improving the in-patient experience and hospital discharge pathways;
  - Support the work to improve residential provision for people with complex dementia;
  - Review the current care and support standards used across LLR and agree a common set;
  - Work with care homes and other providers to develop training and support to manage crises and work with reablement principles;
  - Make stronger links with STP End of Life work-stream.

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