

## Publications, News Digest and Resources

### Leicestershire Health and Wellbeing Board September 2016

#### Public Health

##### 2016 Health Profiles.

The 2016 Health Profiles were published on the 6<sup>th</sup> September. The Health Profiles provide a snapshot of health and wellbeing for each local authority in England using a range of charts and text. They pull together existing information in one place and contain data on a range of indicators for local populations. Health Profiles are intended as 'conversation starters' to highlight local issues and priorities for members and for discussion at Health and Wellbeing Boards. The profiles are available online as pdfs for every Local Authority in England, via the health profiles website: [www.healthprofiles.info](http://www.healthprofiles.info)

##### Childhood Obesity Strategy

The government's [Childhood obesity: a plan for action](https://www.gov.uk/government/publications/childhood-obesity-government-response) aims to reduce levels of childhood obesity, improve the health and wellbeing of children, and contribute towards reducing future pressures on the NHS and society. This publication <https://www.gov.uk/government/publications/childhood-obesity-government-response> sets out the government's response to the conclusions and recommendations in the Health Select Committee's report, [Childhood obesity – brave and bold action](#).

##### Sugar Tax Consultation

A consultation on the soft drinks industry levy (sugar tax) has been launched by HMRC and the Treasury. The consultation closes on 13th October. <https://www.gov.uk/government/consultations/soft-drinks-industry-levy>  
<https://www.gov.uk/government/news/soft-drinks-industry-levy-12-things-you-should-know>

#### Supporting Older, Vulnerable People

##### Disabled Facilities Grants - Foundations National Roadshows

<http://www.foundations.uk.com/>

Foundations is a partner of Department of Communities and Local Government on housing advice including Disabled Facilities Grants (DFGs) and is encouraging areas to think strategically about the use of DFGs in the future.

The DFG is an integral part of the Better Care Fund, with £394 million allocated to the Grant; encouraging areas to think strategically about the use of home adaptations and technologies to support people to live independently at home, and to take a joined-up approach to improving outcomes across health, social care and housing.

Over the last 25 years DFGs have helped over 40,000 people per year to live in more accessible housing. Last year's Spending Review includes over £500 million by 2019-20 for the DFG, which will fund around 85,000 home adaptations that year. This is expected to prevent 8,500 people from needing to go into a care home in 2019-20.

Each local authority area has DFG Champions who are committed to securing the best outcomes for older and disabled people in their area. They could be managers, caseworkers, technical officers, occupational therapists, grants officers, builders, manufacturers, etc. Feedback from DFG Champions suggest that the DFG process can be overly complicated, so *Foundations* will be holding a free DFG Champions Roadshow to connect like-minded people to find solutions to improve the process.

### Dates and locations

- 12 October, Sunderland
- 14 October, Derby
- 17 October, Liverpool
- 20 October, London

### New Resources for Carers

[Carers UK](#) has launched the [Digital Resource for Carers](#), a solution that combines their own digital products and online resources with links to local information and support, providing a comprehensive online tool for carers which can reach them – and which they can use - at the click of a mouse. The Digital Resource for Carers includes:

- [About Me: building resilience for carers](#): an e-learning resource that helps carers identify and build networks of support and promotes their self-care.
- [Jointly](#): a care co-ordination app for people sharing care.
- [The role of good nutrition when caring for someone](#): an e-learning course that aims to help carers understand the role of nutrition both for themselves as well as the person they are looking after.
- [Upfront Guide to Caring](#): a simple assessment tool to guide people new to caring or seeking support for the first time to navigate the Carers UK website.
- [Looking after someone: Carers Rights Guide](#): which helps carers understand their rights as a carer and where to go for financial or practical help.
- [Being Heard: a self-advocacy guide for carers](#): which helps carers develop the skills to self-advocate.

You can find out more [here](#) or contact Carers UK at [digital.products@carersuk.org](mailto:digital.products@carersuk.org)

**A resource for those supporting elderly relatives or friends** has been set up by Alex Ingram and Deborah Stone. It is designed to help those looking after and supporting elderly relatives or friends to help them. Packed full of information, it is a proactive site, which helps you find the answers to the questions you might have on care options, funding, or how to keep your older relatives active, busy and healthy, plus articles on how to cope with the stress of looking after your parents as they age.

You can register with the site **free of charge** and receive a regular newsletter on all aspects of elderly care to make sure that you are always up to date with the latest government initiatives, reports, articles and advice. For further information please visit the [website](#) or contact [info@myageingparent.com](mailto:info@myageingparent.com).

## **Mental Health**

### **Future in Mind**

A report on the progress in children's mental health since March 2015's Future in Mind, has been published by an Education Policy Institute Commission chaired by Norman Lamb. This is the second report from the commission and includes information from foi responses from CAMHS providers. It finds that 83% of trusts had experienced recruitment difficulties. Recruitment challenges had led to an 82% increase in staff spending in the last two years. Of 122 Local Transformation Plans, they assessed only 15% of them as 'good' with 85% 'requiring improvement'. Although £119m has been allocated to local areas, because this is not ring fenced and it is only part of the support provided, it is possible that overall spending on children and young people's mental health may not have increased.

<http://epi.org.uk/report/progress-challenges-in-transformation-of-young-peoples-mental-health/>

### **Mental Health in Schools**

A pilot scheme linking schools and mental health workers is being rolled out further helping more children and young people. The Mental Health Services and Schools Link Pilots is testing a named single point of contact in 255 schools and in 22 pilot areas, meaning more joined up working between schools and health services. This has been backed by £3m of government funding. The £3m funding backing the pilots includes £1.7m made available from NHS England and the Department for Education £1.5m. It will mean children and young people have better access to local, specialist mental health provision, and that support is consistent across services.

<https://www.england.nhs.uk/expo/2016/09/08/school-mh-link-pilots/>

### **New Investment in Perinatal Mental Health**

Bids for funding for perinatal mental health are being invited by NHS England, as part of a £365m package over five years. More than one in ten women develop a mental health illness during pregnancy or in the first year after birth. Only 15% of NHS areas provide specialist care and support to such women. The fund will focus on expanding existing specialist community teams into a wider geography or resourcing small new teams with limited provision to meet the needs of local populations more comprehensively.

<https://www.england.nhs.uk/mentalhealth/perinatal/community-services/>

### **Veterans Mental Health**

NHS England is set to further improve mental health care for military veterans after a [nationwide campaign to give veterans themselves a say in how services are delivered](#). [Feedback](#) has highlighted the need to improve awareness of where

veterans should go for help, raise the profile of NHS veterans' mental health services and further increase understanding amongst health professionals of the unique issues faced by those from an armed forces background.

### **Kings Fund Health and Wellbeing Board Directory**

This interactive directory provides details and contact information for health and wellbeing boards across England – (you may need to increase the map size before finding/clicking on the location flags, as some are hidden/overlapping)

<http://ow.ly/1L5V304eAgB>

### **King's Fund: Latest Quarterly Monitoring Report (QMR) for the NHS**

Our Quarterly Monitoring Report examines the views of finance directors on the productivity challenge they face, as well as some key NHS performance data to see how the NHS is performing.

<http://ow.ly/r5SZ304eAnJ>

### **Latest LGA Health and Wellbeing System Bulletin**

Can be found

here: <https://content.govdelivery.com/accounts/UKLGA/bulletins/1620abb>

Includes an article on STPs here: <http://ow.ly/HNFc304eAkA>

### **NHS England**

Twelve NHS hospital trusts have been selected to trail blaze new ways of using **digital technology** to drive radical improvements in the care of patients. Known as “digital exemplars”, they will each receive up to £10 million from NHS England in a bid to inspire a digital revolution across the health service.

<http://ow.ly/GKgl304eAfx>

NHS England will delivered its first report on enhancing the quality of care and **improving access to seven day pharmacy services for patients in hospital** at the Royal Pharmaceutical Society Annual Conference on Monday 5 September 2016. [“Transformation of Seven Day Clinical Pharmacy Services in Acute Hospitals”](#) sets out a vision where hospital pharmacy services could operate more efficiently and safely, and 13 key recommendations of how clinical pharmacy services in hospitals can be strengthened – particularly at weekends – to benefit patients.

[NHS England has published a good practice guide to demand management.](#) The guide contains initiatives and actions that CCGs should consider implementing locally, in collaboration with providers and other organisations, to effectively manage the increasing demand for **elective care services**, particularly to reduce unnecessary outpatient appointments. The guide is supplemented by case studies and links to further help and advice. These form a body of evidence that can help to

manage demand when implemented effectively. Queries can be directed to [england.electiveperformance@nhs.net](mailto:england.electiveperformance@nhs.net).

### **New dementia awareness films published by Health Education England**

New films by Health Education England aim to improve dementia diagnosis and care through greater awareness.

Finding Patience supports a culturally appropriate approach to the dementia pathway. It aims to improve early diagnosis and support for people within African Caribbean communities by improving awareness amongst both health and care professionals, and those within the community. Focusing on dementia in care homes, Finding Patience – The Later Years raises awareness of how dementia can affect people differently. It encourages health and care professionals to reflect on the care they provide and calls for person-centred care that focuses on the individual, not the condition.

Finding Patience:

<https://www.youtube.com/watch?v=Q7zJL8nPqFg&feature=youtu.be>

Finding Patience – The Later Years:

<https://www.youtube.com/watch?v=VgVKw-Wfxy4&feature=youtu.be>

### **New resource from NICE**

For improving how community and hospital-based staff work together to ensure coordinated, person-centred support. This new [NICE resource](#) supports the transition between inpatient hospital settings and community or care home settings for adults with social care needs.



Visit our NEW website: <http://www.healthandcareleicestershire.co.uk/>

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