

Leicestershire Joint Health and Wellbeing Strategy 2017 – 22

Outcome 1: The people of Leicestershire are enabled to take control of their own health and wellbeing

<i>Where are we now?</i>	<i>Where do we want to go?</i>	<i>How do we get there?</i>	<i>Key Programme And/Or Partnership</i>
Use our influence to advocate the importance of all public policy making in improving the external factors that affect people’s health and wellbeing.			
Health and wellbeing priorities are not always considered in all public policy making	Making the most of the total contribution available for health and wellbeing from all public policy making	Share evidence to build health into the local environment through Health Impact Assessments and Health in All Policies	Health and Wellbeing Board
		Use the Social Value Act in commissioning and procurement to maximise health benefits of all public spending	Health and Wellbeing Board
Use our influence to advocate the importance of housing for good health with a focus on maximum independence for the ageing population and disabled people both now and in the future.			
There is a need to meet the current and forecast demand for the right home environment for health and wellbeing	Coordinated working across housing, health and social care sectors to provide the right home environment for health and	Memorandum of Understanding for joint action across local government, health, social care and housing sectors in Leicestershire in existing housing stock	Housing Services Partnership/Health and Wellbeing Board
		Continue to deliver a one-stop shop for	Better Care Fund; Unified Prevention Offer; Lightbulb Service

throughout life for all.	wellbeing throughout life	housing support	
		Deliver the Warm Home Heathy Homes Project to tackle fuel poverty	Better Care Fund; Unified Prevention Offer; Lightbulb Service
		Engagement with development planning to promote quality developments that support health and to influence housing numbers and types to maximise independence	Strategic Planning Group
Use our influence and control to advocate and offer good quality employment for all for health and wellbeing			
Employment rates for adults with learning disabilities, autism and mental health issues are lower than the national average	Employment rates are similar or better than the national average for adults with learning disabilities, autism and mental health issues	Complete health impact assessments of sector growth plans Engage with the Work and Skills Forum on employment for health issues and employment gaps	LLEP; Work and Skills Forum
Carers of all ages provide vital support for health and wellbeing in Leicestershire	Carers have access to flexible good quality employment	Engage with the Work and Skills Forum Implement the Carers' Strategy	LLEP; Work and Skills Forum Better Care Together; Frail & Older People and Dementia work stream; Carers Delivery Group

Enable people to stay safe, well and healthy for longer with independence and connection to their community and provide targeted support for those most at risk of poor health and wellbeing			
Health system driven by reactive care	Shift to prevention, early intervention and self-care	Providing joined up approaches to universal information and advice to prevent ill health.	Better Care Together; Prevention Strategy Better Care Fund; Unified Prevention Offer
		Deliver a clear and consistent menu of services for a range of social, emotional and practical help.	Better Care Fund - Unified Prevention Offer
		Targeted support for people identified as at risk of specific conditions, events or behaviours or those that already have existing lower level needs.	Better Care Together – Frail & Older People Better Care Together – Long Term Conditions Better Care Fund - Unified Prevention Offer

<p>Lifestyle behaviours such as poor sexual health, smoking, alcohol and substance misuse, poor diet, sedentary behaviour and low levels of exercise are leading to preventable health gaps</p>	<p>Healthy choices are the norm</p>	<p>Deliver integrated lifestyle change services</p> <p>Deliver the Sexual Health Strategy</p>	<p>Better Care Fund - Unified Prevention Offer</p>
<p>Feeling safe is important to maintaining independence.</p> <p>The Toxic Trio of mental health issues, domestic violence and alcohol/substance misuse cause harm to many families and communities in Leicestershire.</p>	<p>Organisations work together to keep communities safe and free from harm</p>	<p>Deliver the Safer Communities Strategy</p>	<p>Leicestershire Safer Communities Strategy Board</p>
<p>Our workforce are not always being</p>	<p>Our workforce are health exemplars</p>	<p>Implementing new approaches to workplace</p>	<p>Better Care Together; Prevention Strategy</p>

advocates for a healthier lifestyle	and champion good health	health	
Provide care closer to home and enable local communities to help themselves through strong and vibrant community networks to reduce avoidable pressure on acute hospitals			
A strong and vibrant community sector that could be utilised more to support people and increase inclusion	A strong, coherent community sector that provides support close to home	Implement the Leicestershire Communities Strategy to develop asset-based approaches to working with local communities to maximise their capabilities and resources to enhance health and well-being by improving their networks and resilience	Link to Better Care Fund; Unified Prevention Offer
GP practices under pressure from increasing demand	Federated GP practices as hubs for wrap around services/care	Work together to deliver place-based multi-specialty community providers	West and East Leicestershire and Rutland CCG Operational Plans
Identify, recognise, value, involve and support carers of all ages			
Carers of all ages provide essential care and need support	Carers maintain a balance between their caring responsibilities and a life outside caring, while enabling the	Implement the Carers Strategy	Better Care Together; Frail & Older People and Dementia work stream; Carers Delivery Group Better Care Fund; Unified Prevention Offer

	person they support to be a full and equal citizen		
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Outcome 2: The gap between health outcomes for different people and places has reduced

<i>Where are we now?</i>	<i>Where do we want to go?</i>	<i>How do we get there?</i>	<i>Key Programme And/Or Partnership</i>
Improve our understanding of the people with the worst health and most at risk within the Leicestershire population; who they are and where they are			
There are inequalities in health between people and places	We have a comprehensive understanding of the detailed needs of communities across Leicestershire	Risk profiling across public sector (health, local government, police) to target communities with greatest inequalities and demand for high-dependency services	Health and Wellbeing Board
Use evidence to improve the targeting of activity to reduce health inequality between people and places based on local need			
Services are not providing the same outcomes between different areas of Leicestershire and across the social gradient	Health inequality is reduced	Provide locality based services based on evidence of local needs and risk profiling	West and East Leicestershire and Rutland CCG Operational Plans
Work in partnership to improve outcomes for people with disabilities throughout their lives			
There are gaps in the health outcomes of people	The outcomes of people with physical and	Provide effective support for people with physical and	Whole life disability strategy; Leicestershire County Council

with disabilities when compared to the rest of the population	sensory disabilities are improved	sensory disabilities: <ul style="list-style-type: none"> • improve independence for people with physical disabilities through the use of aids and adaptations in the home; • improve access to services for people with sensory disabilities. 	
	The health outcomes of people with learning disabilities are improved	Improve services for people with learning disabilities and / or autism; <ul style="list-style-type: none"> • improve recording of people with learning disabilities and sharing this information with partners to ensure they get the best care; • ensuring that people have access to effective services that are tailored to meet their individual needs; and • equity of access to all services for this population. 	Better Care Together; Learning Disabilities work stream Leicestershire & Rutland Safeguarding Adults Board

Outcome 3: Children and young people in Leicestershire are safe and living in families where they can achieve their full potential and have good health and wellbeing

<i>Where are we now?</i>	<i>Where do we want to go?</i>	<i>How do we get there?</i>	<i>Key Programme And/Or Partnership</i>
Ensure the best start in life for children and their families			
Health outcomes in early life in Leicestershire should be better. Existing services for children and young people are delivered by different organisations and can be hard for children and families to find their way around.	Leicestershire is amongst the highest performers on early years, children and young people's health and wellbeing	Work together to join up health and care services for pregnant women, babies, children and young people to deliver the Infant Mortality Strategy and Action Plan	Better Care Together; Maternity & neonates,
		Recommission a co-designed healthy child programme 0-19	
		Deliver Healthy Tots and Healthy Schools Programme	

		Deliver the Teen Pregnancy Strategy	
		Deliver the Leicester, Leicestershire and Rutland Oral Health Promotion Programme	
		Ensure lessons are learned and disseminated from preventable child deaths	Leicester, Leicestershire and Rutland Safeguarding Children's Board; Child Death Overview Panel
Work proactively in partnership to keep children and young people safe and free from harm and sexual exploitation			
Annual increases in the referral of children at risk of Child Sexual Exploitation (CSE) since 2012/13 (increase of 67% over three years).	<ul style="list-style-type: none"> • Create an environment where CSE is prevented, identified and challenged within all communities. • Ensure that children, young people and families whose lives are affected by CSE will receive a high level of support as well as protection, and that perpetrators will be held accountable 	Deliver the Leicester, Leicestershire and Rutland joint Child Sexual Exploitation (CSE), Trafficking and Missing Children Strategy	Leicester, Leicestershire and Rutland Safeguarding Children's Board

	for their actions, and where possible brought to justice		
Support those families identified as most troubled to become self-sufficient and resilient			
A small number of families place high demand on intensive and expensive services.	Action is taken as soon as possible to tackle problems emerging for children, young people and their families or with the population most at risk of developing problems.	Work together to identify those most at risk and offer families and communities better opportunities be less dependent on services.	Supporting Leicestershire Families Executive
Enable children with special educational needs, and/or disabilities and their families, to become increasingly independent through personalised, integrated care and support			
Health and wellbeing outcomes for children with special educational needs and/or disabilities are below those for other children. Increasing numbers of SEND children resident in Leicestershire.	The gap in outcomes for children with special educational needs and/or disabilities is reduced	The continuity of cross agency planning and support for special educational needs and disabled (SEND) children in preparation for adulthood.	Whole Life Disability Strategy SEND Framework Working Age Adult Strategy – transitions; Leicestershire County Council

Enable children in care to experience good physical and mental health throughout their lives			
<p>The health outcomes of children with social care needs are worse than average</p>	<p>Health outcomes are improved for children with social care needs</p>	<ul style="list-style-type: none"> • The health and safety needs of children in care and adopted children must remain a priority for the council and its partners to ensure the need of this vulnerable group are addressed. • To provide effective health care and public health interventions for looked after children. • To provide support and counselling provision for children in care and adopted children, where targeted provision and social work support cannot meet the need. 	<p>Corporate Parenting Board</p> <p>Leicester, Leicestershire and Rutland Looked After Children Health Strategy Group.</p>

Outcome 4: People plan ahead to stay healthy and age well and older people feel they have a good quality of life

<i>Where are we now?</i>	<i>Where do we want to go?</i>	<i>How do we get there?</i>	<i>Key Programme And/Or Partnership</i>
Improve the diagnosis and support for self-management of long term conditions			
Long-term conditions and cancer are the main drivers of health inequalities in Leicestershire particularly cardiovascular disease, cancer and respiratory diseases.	The variation in detection and treatment of long-term conditions and avoidable hospital admissions are reduced.	<ul style="list-style-type: none"> • Support prevention of long-term conditions • Support people to manage their conditions more effectively on their own • Ensure consistent care and support across Leicestershire • Provide effective community support to reduce hospital admissions and readmissions. 	<p>Better Care Together; Long Term Conditions work stream</p> <p>Better Care Fund; Integrated, Proactive and Urgent Care</p>
Plan for the ageing population and the needs of the increasing number of frail older people to minimise avoidable time they spend in hospital			

<p>An ageing population that will have increasingly complex needs.</p> <p>Many frail older people arrive in hospital not because it is the best place for them following, say, a fall or infection but because hospital is the only available option.</p>	<p>Improve independence and wellbeing.</p>	<p>Make sure we know who are the most vulnerable and give them the most support. Work with carers, and especially those who are looking after people with dementia, to make sure they get the help they need. Respond to calls for help from the most vulnerable quickly to avoid them reaching the point where a stay in hospital is the only option.</p>	<p>Better Care Together; Frail & Older People work stream</p> <p>Better Care Fund; Integrated, Proactive and Urgent Care</p>
	<p>More older people with agreed and managed care plans.</p>	<p>Provide a falls prevention service to help people at risk of falling</p>	<p>Better Care Fund; Unified prevention offer</p>
	<p>Fewer older people going into hospital unnecessarily.</p>		
	<p>Reduced delayed discharges from hospital.</p>	<p>Improved care and planning for those with complex conditions and/or the over 75s</p>	<p>Better Care Fund; Integrated, proactive care</p>
<p>Reduce readmissions.</p>		<p>Work together across health and social care to reduce the amount of time people have to wait in hospital for care packages</p>	<p>Better Care Fund; Hospital Discharge and Reablement</p>
<p>Encourage people to plan for the end of their life in the place of choice and provide support to them and their carers</p>			

<p>People who do not have a plan for the end of their life often do not die in their place of choice</p>	<p>More people make and share plans for the end of their life and die in their place of choice.</p>	<p>Develop the End of Life Care work stream</p>	<p>Better Care Together; End of Life Care</p>
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Outcome 5: People give equal priority to mental health and wellbeing and can access the right support throughout their life

<i>Where are we now?</i>	<i>Where do we want to go?</i>	<i>How do we get there?</i>	<i>Key Programme And/Or Partnership</i>
Provide positive mental health promotion and improve awareness of risk factors to increase resilience			
Focus on treatment rather than prevention	Fewer people with mental health conditions	Deliver the Better Care Together Mental Health Five Year Plan and Prevention Strategy	Better Care Together Recovery and Resilience Group, Mental Health Five Year Plan
Improve access to mental health services for all ages to promote recovery and independence			
About a quarter of the population will experience some kind of mental health problem in the course of a year. People with enduring	Fewer crisis escalation episodes, with quicker response times when	Develop our mental health services to better meet the demands of patients and enable parity of care.	Better Care Together; Mental Health Five Year Plan

<p>mental health problems generally have far worse physical health than the rest of the population and they die younger</p>	<p>required</p> <p>Fewer delays in people leaving hospital and shorter hospital stays</p> <p>Integrated pathways and valuing mental illness equally with physical health</p> <p>Less reliance on acute services and increased focus on recovery</p>		
<p>Increase the early detection and treatment of mental health and wellbeing needs for children and young people</p>			
<p>Services can be difficult for children, young people and their families to find their way through</p>	<p>Join up services much more and provide help as early as possible to prevent problems from getting worse.</p>	<p>Deliver the “Transformational plan for mental health and wellbeing services for children and young people“</p>	<p>Better Care Together; Children and Young Peoples work stream;</p>
<p>Increase the early detection and improve the management of dementia</p>			

<p>Increasing numbers of older adults with dementia predicted in the future</p>	<p>Better dementia diagnosis improves the lives of people with the condition and gives them, their carers and professionals the confidence that they are getting the care and treatment they need.</p>	<p>Deliver the Joint Dementia Strategy</p>	<p>Better Care Together; Frail & Older People work stream</p> <p>Dementia Action Alliance</p>
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