

MEDIA RELEASE

23 May 2016
FYPC_13_16

Independent report praises the quality of care given to young people at LPT's child and adolescent mental health services unit at Coalville Community Hospital

Leicestershire Partnership NHS Trust (LPT) has welcomed an [inspection report](#) carried out by independent watchdog Healthwatch Leicestershire.

The Healthwatch team visited the Child and Adolescent Mental Health Services (CAMHS) Unit at Coalville Community Hospital on 23 February 2016 with the aim of observing the delivery of care and support given to young people, and capturing the experience of young people and staff at the unit.



The inspection team found evidence of a very good standard of care, with young people confirming that they have a positive relationship with staff. Other findings included that:

- there is a well-developed programme of activities (therapeutic and social) for young people
- thorough and detailed staff handover processes are in place.

Some recommendations were made as a result of the visit. Firstly, the Healthwatch team asked LPT to refresh the decoration in the corridors, something which is already being taken forward by the ward's occupational therapists and activity co-ordinators in consultation with the young people. The occupational therapists and activity co-ordinators are also exploring the possibility of offering indoor gym activities in the multi-activity room, another point identified in the report.

Healthwatch suggested that the area allocated to the school be expanded (while recognising that space is limited), as currently it is not possible to accommodate all the students being taught together. This is an issue that has already been acknowledged by LPT, and the occupational therapy room is always made available to the school, with a window having been installed between the two rooms to facilitate this. Finally the team recommended that carers' assessments be routinely offered, and that LPT explore the possibility of commissioning a crisis team attached to the Coalville facility. LPT agreed to take action in relation to carers' assessments, and work continues to progress the development of a business case for a crisis team in order to secure local funding.

Adam McKeown, Head of Service, Children and Families, said: "I am delighted that the Healthwatch team were able to see first-hand the high quality care provided at the unit, and I'm very proud that the young people they spoke to praised the relationships they are able to build with our staff. We will continue to take steps to address the recommendations made in the report."



The CAMHS Unit at Coalville is a 10 bed Ward providing care for young people aged 12 to 18 years who are experiencing mental health problems and are living within the East Midlands, and sometimes further afield. The service provides assessment, diagnosis and treatment of a range of conditions including psychosis, depression, anxiety related disorders, eating disorders and learning disability

associated with mental health. Around 70 young people are admitted to this Unit every year and on average stay for six weeks.

Healthwatch is the independent consumer champion tasked with gathering and representing the views of the public. It has significant statutory powers to ensure the voice of the consumer is strengthened and heard by those who commission, deliver and regulate health and care services.



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NOTES TO EDITORS

- Leicestershire Partnership NHS Trust (LPT) provides a range of health and wellbeing services mainly for people living Leicester, Leicestershire and Rutland. The Trust serves a population of one million, has a budget in excess of £267 million and employs approximately 5,400 staff. For more information visit: www.leicspart.nhs.uk.
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