

HEALTH AND WELLBEING BOARD: 5 MAY 2016

POSITION STATEMENT FROM THE CHAIRMAN



SECTION ONE: LEICESTERSHIRE HEALTH AND WELLBEING BOARD SUPPORTS DYING MATTERS WEEK

Only 7% of the British public have documented their preferences about their future care, should they not be able to make a decision for themselves

Just 27% say they have discussed funeral wishes

Only 35% say they have written a will.

Dying Matters week hopes to break the uneasiness surrounding death, dying and bereavement by helping people talk more openly on the subject and plan for the future. This year's theme, the "Big Conversation," hopes to encourage us to be more open about dying and understand how talking about dying may not be easy, but it could be one of the most important conversations you will ever have.

Professor Mayur Lakhani, Chairman of the Leicestershire Integration Executive and of West Leicestershire Clinical Commissioning Group said: "Death is a notoriously difficult subject to talk about, but Dying Matters let's people understand that openly talking about dying can help us make the most of life and support our loved ones.

"If you are 55 or over or have a life limiting illness, please think ahead and plan your future. By taking the first step and having a conversation with your GP you will be able to determine the care and support you would like to receive at the end of your life. Creating a care plan for clinicians to follow will remove fear of the unknown, and help you to have as good a death as possible, in the manner and place that you choose.

"I understand that this first conversation is not an easy one, and these are difficult things to think about, but I want to urge people today to take that step, and really remember that dying matters."

Councillor Ernie White, Chairman of the Health and Wellbeing board for Leicestershire County Council, said: "Dying Matters week is a significant step forward in terms of people speaking out.

"There is lots of practical advice available, which can be taken to put our final wishes in place, as well as how to spread the message through our communities of the importance of discussing what we want to happen at the end of our lives."

For more information about the awareness week, or to find out how you can help support the campaign please visit: <http://www.dyingmatters.org/page/BigConversationResources>

Launch of 2016 Big Conversation resources

Claire Henry MBE, Chief Executive, NCPC & Dying Matters. During her speech, Claire launched the 2016 Big Conversation leaflet and poster, and announced our new partnership with Conversations for Life, who have produced two games to prompt end of life care discussions: The Conversation Game, aimed at members of the public, and The Circle of Life game, aimed at health and social workers.

[View the presentation](#)

Planning for your care and support and what to discuss with health professionals

Di Lavery, Nurse Consultant in Palliative Care, St Joseph's Hospice

[View the presentation](#)

Funeral planning and engaging with funeral directors

Fran Glover and Carrie Weekes, A Natural Undertaking

[View the presentation](#)

Digital legacy

James Norris, Dead Social and the Digital Legacy Association

[View the presentation](#)

See also Appendix A to the position paper, for a copy of the Dying Matters PDF leaflet.

SECTION TWO: LOCAL DEVELOPMENTS

Shelf Help

Leicestershire's launch of the latest Reading Well Books on Prescription list "Shelf Help" took place on Monday 25th April. Shelf Help offers expert endorsed books about mental health which provide advice and information for 13 to 18 year olds about issues like anxiety, stress and OCD, and difficult experiences like bullying and exams.

All the books are recommended by young people and are available to borrow for free from public libraries. The launch was very well attended by a range of colleagues from across the public sector. We would like to thank those who attended and helped to make it such a success.

To find out more, please go to the [reading well website](#). If you would like a member of library staff to come and talk to you and colleagues about the book list and how you can get involved in recommending it to the young people you work with, please contact Liz Evans – liz.evans@leics.gov.uk



The highlight was undoubtedly the reviews of the young people themselves, who really helped us to understand what the books meant to them.





The second edition of Healthwatch Leicestershire's Directory will be dispatched mid May 2016. There are two versions of the Directory - one covering West Leicestershire CCG and East Leicestershire CCG.

Healthcare Publications Ltd has produced Health and Social Care Signposting Directories for local Healthwatch across the country. The directory is branded Healthwatch Leicestershire and Healthwatch Leicestershire has provided the content for the first four pages. The editorial in the directory has been written by Healthcare Publications using content from NHS websites, with latest NHS news and information. The production and print of the Directories has been free of charge to Healthwatch Leicestershire. Health Publications Ltd covers its costs by the inclusion of advertisements.

12,000 copies of each directory will be printed and dispatched by the publishers to GP surgeries, pharmacies, hospitals, domiciliary care providers, residential/nursing homes, various local authority departments and health related care providers for them to distribute to their patients/customers. Healthwatch Leicestershire will have 200 copies (approx.) of each Directory and will distribute them to stakeholders in various meetings and to the public at engagement events.



Leading the Way in Dementia Research

Leicestershire Partnership NHS Trust has thrown its weight behind efforts to tackle the causes and symptoms of dementia. We are encouraging staff, patients and the public to sign up to the Join Dementia Research (JDR) database. The database puts researchers in touch with thousands of potential volunteers for clinical trials and other research. LPT is one of the biggest organisations in the East Midlands participating in research on dementia.

Consultant psychiatrist Dr Hari Subramaniam, one of LPT's dementia specialists said: "Research has brought about some real, technological, changes. Although we know a lot more about dementia than we used to, there's still a lot more that we don't know. That can only be found out through trials. We are certainly on the journey to find a cure. What we have now would have seemed unachievable several years ago. Who is to say that we may not have far superior and more efficacious treatments in the future?"

http://www.leicspart.nhs.uk/Library/CHS_13_16LPTbacksJoinDementiaResearch.pdf

A day in the life of Rutland Memorial Hospital

Leicestershire Partnership Trust staff have produced a video showing what it is like to work on an Inpatient ward. It is part of a campaign to recruit more staff to work at the hospital, in Cold Overton Road, Oakham. They are currently recruiting for three full-time qualified nursing staff. The hospital has 16 beds providing palliative, end of life, rehabilitation, and sub-acute care.

<https://www.youtube.com/watch?v=cVC2R-Ta24k&feature=youtu.be>

Caring at its best

New academy aims to change nature of Health Care for Older People

Leicester's Hospitals and De Montfort University Leicester (DMU) are using the skills of academics and clinicians to help tackle one of the biggest health challenges facing society. The care of older people is already a major issue for the county, with existing services not geared up to cope with the multiple problems inherent in an ageing population. Leicester Academy for the Study of Ageing (LASA) aims to address the challenge and improve outcomes for older people as well as those who care for them with its holistic, multi-disciplinary approach.

Launched on Wednesday 13 April at The Venue@DMU, LASA is a collaboration between DMU, the University Hospitals of Leicester NHS Trust (UHL), Leicester Partnership NHS Trust (LPT), Age UK Leicester Shire and Rutland and the University of Leicester. Jayne Brown, Professor of Nursing (older people) at DMU, and Simon Conroy, Geriatrician, University Hospitals of Leicester and Honorary Professor, University of Leicester, are helping set up the academy.

Dr Conroy said the academy is very much needed. He said: "It is responding to the need to change the nature of health care to be fit to treat older people. Existing services aren't really geared up for this. It's not just hospitals but the whole system that needs to up its game to manage older people with frailty. Hospitals deal with single problems but older people often have more than one, such as dementia and mobility problems. LASA will develop the capacity and competence to improve care and enhance wellbeing."

Initially, LASA aims to bring together a community of experts from across all disciplines. Longer term, they want to generate research that can be translated into practice, with all work person - or patient - centred. Key aims include:

- Focus on knowledge generation
- New models of care
- Quality improvement
- Knowledge transfer

DMU's Professor Brown said the key priority for LASA is to help the local community in Leicester, Leicestershire and Rutland. She said: "We felt there was a need for a new initiative where health and social care work together. The idea is LASA should make a difference locally, but we want to work beyond that. "We will be the problem-solvers - the centre of choice for commissioners and providers alike for advice on how to improve care for older people, whether by research, education or service delivery."

LASA will work across all faculties of DMU, with the potential to look at a wide range of issues facing older people, such as legal matters and clothes for people with conditions such as arthritis.

Cheryl Clegg, Head of Information, Age UK Leicester Shire and Rutland, says the charity is excited to be involved. She said: "We will be looking at all aspects of an older person's life - extending integrated care, improving the quality of care and also helping friends and relatives, as often older people care for older people. We are honoured to be involved. We can feed in the views of older people and the issues facing them and Age UK Leicester Shire and Rutland can facilitate contact with older people. LASA really will reinforce the benefits of working together."

SECTION THREE: PUBLICATIONS

General Practice Forward View – NHS England

<https://www.england.nhs.uk/ourwork/gpfv/>

This publication sets out the investment plan designed to transform general practice, improve patient care and access, and invest in new ways of providing primary care. It contains specific, practical and funded steps – on investment, workforce, workload, infrastructure and care redesign.

Get Well Soon: Reimagining Place-Based Health - NGLN

<http://www.nlgn.org.uk/public/2016/get-well-soon-reimagining-place-based-health/>

Recommendations published by the Place-Based Health Commission, chaired by Lord Victor Adebawale and including stakeholders from all the major players in the Health and Wellbeing system. The report recommends a route map towards place-based health by 2030.

Tackling poor oral health in children: Local Government's Public Health Role - LGA

Tooth decay is the most common oral disease affecting children and young people in England, yet it is largely preventable. This publication has been updated for 2016 following the successful transfer of commissioning responsibilities of the Healthy Child Programme for 0-5 year olds to local government in October 2015. This includes the commissioning of Health Visitors who lead and support delivery of preventive programmes for infants and children including providing advice on oral health and on breastfeeding and reducing the risk of tooth decay. Local authorities also have a statutory responsibility to provide or commission oral health improvement programmes to improve the health of the local population, to the extent that they consider appropriate in their areas.

<http://www.local.gov.uk/documents/10180/7632544/L16-83+Tackling+poor+oral+health+in+children/5cb38916-bddb-4550-9f63-52d44f559591>

New World Health Organisation (WHO) Gateway

WHO European Health Information Gateway is now available to the public, providing curated, reliable health data and information presented in formats that are easy to understand and compare and that are easy to extract. This mine of health information features an interactive section, currently including data sets and country profiles from the Health 2020 monitoring framework and HBSC (Health Behaviour in School-age Children) surveys. New data and data from existing WHO/Europe databases are being added continually. In addition, the Gateway offers data and notes about indicators from the Health for All database, the Health 2020 monitoring framework and environment and health indicators. http://www.euro.who.int/en/data-and-evidence/news/news/2016/04/health-information-at-your-fingertips?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=6990957_HMP%202016-04-19&dm_i=21A8,45U99,FLWOSX,F5O3W,1

Supporting Patient Choices to Avoid Long Hospital Stays

This guide aims to support local health and social care systems to reduce the time people spend in hospital, when they are ready to depart and no longer need acute care, but are delayed whilst making decisions about or making arrangements for their ongoing care. It should be read alongside the 2015 NICE guidance 'Transition between inpatient hospital settings and community or care home settings for adults with social care needs'

http://www.nhs.uk/NHSEngland/keogh-review/Documents/quick-guides/Quick-Guide-supporting-patients-choices.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=6990957_HMP%202016-04-19&dm_i=21A8,45U99,FLWOSX,F64ML,1

The Institute for Government ***Making Devolution Deals Work***

An exploration of how devolution deals have emerged to date. Considers the process for discussions on devolution, assessing local readiness for devolved powers, central government readiness to transfer those powers and concludes with a section on 'sense checking' the proposals resulting from negotiations. The authors acknowledge that their guide focuses on the specific area of skills funding, and further research would be merited in more complex areas of the devolution debate; health, social care or infrastructure.

Ernst & Young

From Whitehall to Townhall: Preparing for Devolution to England's city regions

Examines the progress of devolution deals across England, reflects on the readiness of different areas to make a success of devolution and speculates on the long-term impact on local government.

Local Government Association (LGA)

Transforming local services using digital tools

The LGA has published a set of four linked papers which set out the sector's position and priorities on maximising the opportunities of 'digital'. Taken together the four papers set out a high-level case for investing in a coordinated and comprehensive programme of support which will enable local government to maximise the customer benefits and cost savings that can be generated from exploiting the potential of modern digital tools, technologies and approaches in local public services.

Better outcomes by 2020: Public Health England

<https://www.gov.uk/government/publications/public-health-england-strategic-plan>

This publication sets out how PHE will address the opportunities and challenges over the next four years. Building on the vision set out in *Evidence into Action, The NHS Five Year Forward View* and the Department of Health's *Shared Delivery Plan* it highlights some recent achievements and sets out objectives, including the focus on evidence, prioritising prevention and continuing to support local government and the NHS.

Latest King's Fund HWB Board Bulletin

<http://kingsfundmail.org.uk/21A8-44HP0-42KMFTI0B6/cr.aspx>

Latest King's Fund Integration Bulletin

<http://kingsfundmail.org.uk/21A8-4106P-42KMFTI0B6/cr.aspx>

Latest LGA Health and Wellbeing System Bulletin

http://www.local.gov.uk/web/guest/health/-/journal_content/56/10180/7781497/ARTICLE

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