

**HEALTH AND WELLBEING BOARD: 7<sup>th</sup> JANUARY 2016**

**REPORT OF THE DIRECTOR OF CHILDREN AND FAMILY SERVICES**

**MENTAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG  
PEOPLE – BETTER CARE TOGETHER WORK STREAM UPDATE**

**Purpose of Report**

1. Outcome 4 of Leicestershire's Health and Wellbeing Strategy 2013-16 is 'Improving mental health and wellbeing' and includes priorities for children and young people. The Health and Wellbeing Board has received four previous reports about the progress of the Better Care Together work stream regarding the mental health and wellbeing of children and young people. This report describes the current status of that work.

The Health and Wellbeing Board is asked to:

- note the approval by NHS England of the Transformational Plan for children and young people's mental health across Leicester, Leicestershire and Rutland;
- note the additional resource of £1.8m that has been secured by the Plan;
- note the establishment of 4 delivery groups that will operate as task and finish groups to ensure implementation of the Plan;
- note the ongoing governance arrangement;
- agree to receive progress reports, to include a performance information with regard to the outcomes framework, on a quarterly basis.

**Policy Framework and Previous Decisions**

2. As reported at previous meetings, the national strategy 'Future in Mind' was published in March 2015. It set out a clear direction for local leadership across the system to work together to improve mental health services and outcomes for children and young people. Partners have worked closely since March to collaborate on the development and submission of a Transformation Plan to improve children and young people's mental health and wellbeing.
3. At its meeting in July 2015 the Leicestershire Health and Wellbeing Board agreed that approval of the Leicester, Leicestershire and Rutland Transformation Plan for children and young people's mental health and wellbeing would be delegated to the Director for Children and Family Services and the Director of Public Health, following consultation with the Chairman of the Health and Wellbeing Board and

Cabinet Lead Member for Children and Families. Similar arrangements are in place for the City and Rutland Health and Wellbeing Boards.

4. In October the Plan was approved for submission to NHS England by the Chair of Leicestershire's Health and Wellbeing Board and the Lead Member for Children and Families. The Plan was also submitted to and approved by the CCG Board. The Plan was submitted on 16<sup>th</sup> October and received full approval by NHS England in November 2015. A copy of the Plan and its 'easy read' version are attached at Appendix A and Appendix B.

### **Financial implications**

5. Additional government funding of £1.8m has been received to support the implementation of the Plan – this includes a ring-fenced budget for eating disorders of just over 500k.
6. The Plan identifies how these additional resources will be used to commission services, with a particular emphasis on prevention, early intervention, and eating disorders.
7. NHS England will allocate funding via CCGs. In the case of Leicester, Leicestershire and Rutland this will be the City CCG.
8. In 2015/16, money will be allocated in-year, which means the pace for in-year delivery is tight and there will be a need to carry forward funding. This will be enabled via a Section 75 agreement between the City CCG and Leicestershire County Council. The Transformation Plan has taken this into account and has identified some 'quick wins' that will make good use of this resource in this financial year.

### **Governance and performance reporting**

9. A Leadership Group was established to progress the Transformation Plan via the Women and Children's work stream of Better Care Together. The Leadership Group is co-chaired by the Leicester City CCG Chief Nurse and Leicestershire County Council's Director of Children and Family Services. The membership of the Group was agreed at the last meeting of the Health and Wellbeing Board and there has been good representation. In recent weeks the membership has been extended to include the regional Senior Quality Improvement Lead for CAMHS & Clinical Lead for Transition.
10. Now that the Plan and its associated funding has been approved, the Leadership Group has established four task and finish Delivery Groups: Prevention, Early Help, Intensive Community and Home Intervention (which is aligned to the Crisis Vanguard), and Workforce. The purpose of these groups is to ensure that the Plan can be delivered in the immediate and medium term.

11. The Transformation Plan is a 'whole system' approach to improving children and young people's mental health and wellbeing. As such it requires a cultural shift that will include aligning and/or pooling budgets, jointly agreeing priorities, and joint commissioning. Such change will require an ongoing commitment from all partners to the Leadership Group that will drive the required transformation.
12. The Leadership Group will continue to report through the Health and Wellbeing Boards, as well as through the individual agency assurance and authorisation mechanisms. The Leadership Group will also contribute to the Better Care Together governance arrangements as required by virtue of being an identified work stream.
13. Performance information will be presented via an outcomes framework, and it is suggested that this is reported to the Health and Wellbeing Board and the CCG Board on a quarterly basis.
14. NHS England in the East Midlands is in the process of establishing a task group to oversee Transformation Plans in the region. LLR CCGs have indicated their intention to participate in this group.

#### **Associated activity**

15. The Leadership Group has also identified other national opportunities that will support the intentions of the Plan:
  - a. an application has been made to join the Children and Young People's IAPT programme as part of an East Midlands Collaborative approach. This will offer the opportunity to train a range of children's workers, across professions and including teachers, to add knowledge, advice and training capacity across our system in intensive psychological therapies. Derby University and Northampton University will be the main training providers, with some potential sessional support from Leicester University and ADS Ltd. The LLR bid was presented to the national panel for consideration on 18<sup>th</sup> December and the decision is awaited.
  - b. an application for funding has been made to East Midlands Academic Health Science Network (AHSN) for additional early intervention support;
  - c. an application is being prepared to seek funding from Health Education England to support workforce transformation.
16. Working together as a single 'system' is enabling the partnership to collectively seek out opportunities to attract new funding in support of the Plan.

**Officer to Contact**

Lesley Hagger  
Director, Children and Family Services  
Lesley.hagger@leics.gov.uk  
0116 305 6340

Leon Chariker  
Commissioner  
City CCG