

HEALTH AND WELLBEING BOARD: 17 SEPTEMBER 2015

POSITION STATEMENT FROM THE CHAIRMAN

SECTION ONE: LOCAL DEVELOPMENTS

Quarterly Better Care Fund Return

A reporting requirement exists whereby a quarterly template detailing progress against delivery of the BCF Plan has to be submitted to NHS England. The template for Q1 2015 is more in depth than the previous quarter and the information being captured includes:

- Budgetary information – confirming that a section 75 agreement is in place.
- National conditions – to ensure that these are being met as set out in the Spending Review.
- Non-elective pay for performance.
- Income and expenditure.
- Local metrics.
- Understanding support needs – to identify key barriers to integration locally.
- Narrative – detailing overall progress in delivering the integration agenda in Leicestershire.

I am pleased to report that the Quarterly Return for the Better Care Fund was signed off by the Integration Executive on 25 August and submitted to NHS England on 26 August. Electronic copies will be circulated to members of Health and Wellbeing Board for information.



The latest edition of the Better Care Together bulletin is now available.
<http://www.bettercareleicester.nhs.uk/news/bct-bulletin-august-2015/>

This edition includes articles on:

- Planned Care
- Milestones achieved to transform care in Leicester, Leicestershire and Rutland
- How to become a public and patient involvement representative

The Better Care Together (BCT) programme is seeking to expand the number of public and patient representatives that are engaged with the programme. Further information can be found at this weblink: <http://www.bettercareleicester.nhs.uk/get-involved/>

The Partnership Board meets on Thursday 17th September 2015, 09.30 – 12.00, at Barnsdale Lodge Hotel, Oakham, Rutland.

For more information about the partnership board see

<http://www.bettercareleicester.nhs.uk/about-us/partnership-board/>

Agenda and papers for the partnership Board's September meeting can be found here:

<http://www.bettercareleicester.nhs.uk/EasysiteWeb/getresource.axd?AssetID=36323>

Leicestershire's Integration Programme Summer Bulletin - featuring Emma's Story



The Leicestershire Integration Executive has produced an animation of “Emma’s story” to illustrate how Leicestershire’s Better Care Fund is supporting frail older people like Emma with care and support in the community, as an alternative to hospital admission.

View the animation here:

<https://www.youtube.com/watch?v=AU8CKLT3dU&feature=youtu.be>

View the Summer Bulletin here:

http://www.leics.gov.uk/health_and_care_integration_bulletin_summer_2015.pdf

Urgent Care Vanguard

Following a successful submission and selection process, partners in Leicester, Leicestershire and Rutland have joined the latest NHS England Vanguard programme for Urgent Care which was launched on the 27th August. The Urgent and Emergency Care Vanguard is the 5th in the series of vanguard programmes which focuses on new care models as part of the Five Year Forward View. A summary report outlining the next steps can be found at this weblink.

<http://www.westleicestershireccg.nhs.uk/sites/default/files/Paper%20C%20-%20Vanguard%20Update.docx.pdf>

Dementia Fact Sheets

A set of factsheets has been published on LeicesterShire Statistics & Research (LSR) for Leicestershire districts, Rutland, and East Leicestershire and Rutland CCG and West Leicestershire CCG, summarising findings on why people with dementia are admitted to a general hospital in an emergency. The factsheets use the PHE national dataset and can be found at <http://www.lsr-online.org/reports/821129>

Find out about East Leicestershire and Rutland CCG's Model of Community Services

On September 8th, ELR CCG launched a second round of engagement on a proposed Community Services Model - a model for making a difference to how care is commissioned and provided, based on local need and a 'Home First' approach. Find out more at this link:

<https://eastleicestershireandrutlandccg.nhs.uk/2015/09/08/community-services-model-engagement-launched/>

West Leicestershire CCG's Autumn Campaign

Building on the success of the winter health campaign in January, the CCG is launching an Autumn campaign call Healthy you, Happy you. In partnership with Leicestershire County Council, Public Health England, Healthwatch Leicestershire, Voluntary Action Leicestershire, Voluntary Action South Leicestershire, Alzheimer's Society and a range of other organisations the CCG will be out and about across West Leicestershire providing support to people to help them care for themselves or their loved ones particularly leading up to and during the winter. The campaign will commence on 7 October and take in six locations over a two week period. Further information is available at www.westleicestershireccg.nhs.uk

Car Parking Developments at University Hospitals of Leicester NHs Trust

Construction of the multi-storey new car park began in May 2015 with a view to being completed and operational by Winter 2015. Read more at: <http://www.leicestershospitals.nhs.uk/aboutus/reconfiguration-projects/public-multi-storey-car-park/> and [Click here to see a map of the new multi-storey car park location](#)

Leicestershire Partnership NHS Trust's Move it-Boom Campaign: Celebration Event September 19th

The Move it-Boom webpage attracted over 29,500 views, with over 1600 pupils registering online to play the game, and a total of 6156 activities logged. The winners of the Move it-Boom competition were Tugby Church of England Primary School. A selection of 30 pupils from the winning school will enjoy a VIP tour of Leicestershire County Cricket ground and take part in a fact finding session all about cricket with some of the clubs coaches and staff, during the Move it-Boom celebration event on Saturday September 19, 2015. The event will start at 10.15am with registration and refreshments. A tour of the ground will start at 10.30am and an interactive session will follow at 11.30am. A short presentation will take place with the winners at 12.30pm, when Dr Peter Miller, Chief Executive of LPT will make a short speech and present the winning school with a trophy.

http://www.leicspart.nhs.uk/Library/News/FYPC_47_15ItstimetocelbrateMoveitBoo mandattemptaGuinnessWorldRecord.pdf

Visit Leicestershire Partnership NHS Trust’s “Health for Teens” Website

“Migraine - just the facts” <https://www.healthforteens.co.uk/health/migraine/migraine-just-the-facts/> This is just one of the helpful articles designed specifically for teens, with the site providing lots of practical advice and tips covering themes such as growing up, relationships, and lifestyle including for example alcohol awareness, nutrition, mental health and sexuality.

SECTION TWO: THE DEVELOPMENT OF HEALTH AND WELLBEING BOARDS



Leicestershire HWB Board Development Session Reminder: 22nd October 2015 2pm

A development session has been arranged for the Board to consider the progress of the Board and its future development needs. The development session will be informed by the recent LGA/NHS Clinical Commissioners publication *Making it Better Together*. A peer review is also being considered as part of assessing the progress of the Board and the next phase of our development.

LGA Publication: Quality Systems in Practice - A guide for Local Leaders

There are multiple organisations at national, regional and local level that have responsibilities for oversight and improvement of quality. This guide is to assist system leaders to navigate this complex landscape and understand how they can make the most impact on driving up quality. See http://www.local.gov.uk/web/guest/publications/-/journal_content/56/10180/7463743/PUBLICATION

LGA Support Offer to HWB Boards

New HWB chairs/vice chairs and adult social care portfolio holders induction session If you are new to the role of HWB chair/ vice-chair or as adult social care portfolio holder there is an induction session introduce the key issues in the health and care agenda nationally and the support on offer to you.

Leadership Essentials for HWB Chairs - 2015/16 brings an opportunity to put HWBs in the driving seat of local system leadership. This two-day fully subsidised residential session brings together HWB Chairs and Vice Chairs to actively learn from each other through the LGA's tried and tested approach to leadership development.

Support and tools - Our 2014/15 Programme offers a range of support and tools including Leadership sessions for Chairs of HWBs, mentoring for HWB Chairs, a Revised Self-Assessment Tool.

Health and wellbeing peer challenge - Peer challenges are free to councils and health and wellbeing boards. They involve bespoke teams of peers from a range of organisations working on site with the council and its partners for four days.

Informing local understanding of health and wellbeing - Through the Health and Wellbeing System Improvement Programme we are bringing together key data and information on health and wellbeing, and the wider issues that affect it. This is to support health and wellbeing boards, public health professionals, councils, local people and voluntary organisations in their assessment of local needs and priorities, through benchmarking and monitoring trends.

Body of knowledge on HWBs Shared Intelligence has carried out reviews of the Health and Wellbeing System Improvement Programme. The latest review aims to understand the impact of the programme; to capture system learning; and to make a significant contribution to the national body of knowledge on HWB

SECTION THREE: NATIONAL DEVELOPMENTS



Highlights of the 2015 Health and Care Innovation Expo

Click here to view event highlights including announcements and debate related to healthy new towns, digital NHS and 7 day services. <https://storify.com/NHSEngland/nhs-england-expo15nhs>

Improving the health and wellbeing of NHS Staff

NHS England has announced [a major drive to improve the health and wellbeing of 1.3m health service staff](#), including a new nationally-specified occupational health service for GPs. NHS organisations will be supported to help their staff to stay well by providing healthier food options, promoting physical activity and reducing stress. Health checks will be available for targeted groups of staff and additional access to mental health and musculoskeletal services – tackling the two biggest causes of sickness absence across the NHS.

Employment opportunities for people with learning disabilities: regional training events

NHS England is running three regional training events to help NHS organisations remove potential barriers to employing people with learning disabilities, learn from other NHS organisations who are doing good work in this area, and meet local organisations who can provide support. The events take place in [Bristol \(7 October\)](#), [Manchester \(25 November\)](#) and [London \(9 December\)](#).

Developing your local personal health budget offer: CCG support programme

The 2015/16 planning guidance set out the expectation that all CCGs will develop a local personal health budget offer, which introduces personal health budgets beyond NHS Continuing Healthcare and children's continuing care. NHS England has worked with CCGs to design a support programme to help CCGs develop their local offer and underlying business case for introducing personal health budgets. A series of regional events are taking place at venues across the country. Further details are at this weblink: <http://www.england.nhs.uk/healthbudgets/understanding/rollout/>

Find out more about the preparations for Self Care Week



<http://www.england.nhs.uk/2015/09/09/self-care-week/#>

NHS staff, patients and carers are being urged to support and help raise awareness of Self Care Week. The theme is 'Self Care for Life' and aims to help people understand what they can do to better look after their own health and that of their family, as well as living as healthily as possible.

Dr Martin McShane, NHS England's National Medical Director for Long Term Conditions, said: "Self Care for Life is a vital campaign that looks at health across the spectrum, from coughs, colds and flu to self care for long term conditions like Type 2 diabetes, heart disease and lung conditions.

"By supporting people to help themselves, we can not only improve quality of life for individuals but also use NHS services even more effectively, particularly with winter approaching when we all know our A&E services and GPs face huge demands," he said.

"Self Care for Life helps raise awareness with people about how they can safely treat minor ailments such as colds or fever, as well as how they can also live healthily and prevent avoidable but more serious problems with long terms conditions such as Type 2 diabetes or heart disease. Helping people to help themselves is a two-way partnership between individuals and the NHS to provide information, tools, support and care to allow people to stay well and use health services appropriately."

The national awareness campaign is run by the Self Care Forum. The aim for the week is for people-facing organisations such as GP surgeries, CCGs, pharmacies, dentists, local authorities and the voluntary and community sector, to use it as a focus to increase people's ability to self care and improve their levels of health literacy.

As winter approaches, the message from Self Care Week includes reminding people to ensure their medicine cabinet is well stocked and how they can get help and advice on symptoms from their pharmacist.

Have your say on the National Maternity Review at the click of a button – Baroness Julia Cumberlege

I am delighted to let you know that we have launched an online survey as another way in which you can have your say and feed into the [Maternity Review](#).

As I've travelled across the country, visiting birth centres and maternity units and talking to families, I've been bowled over by your enthusiasm for improving maternity services. I want everyone to have the chance to tell us what works well, what ideas you have for improving things, or simply what happened to you and your family.

The [survey](#) is completely anonymous and open to anyone who is interested in maternity services, including mums, dads, families and friends. This short series of questions provides the opportunity to share your experiences and tell us what you think we could be doing better.

We also have questions for people who are involved in providing services, and would like to hear views from healthcare professionals, commissioners and charities on how we can overcome barriers and make improvements in order to provide the best possible care.

Whether you are unable to attend our drop in events, or would simply like to contribute in writing, we hope that you will use the survey to share your views.

The questions are divided into sections so you only need to answer those that are relevant to you, which should take a maximum of five minutes. All responses will feed directly into the review and will help us shape the future of our maternity services.

There are also still plenty of opportunities to come to see us in person at one of our drop in centres, and the [list of forthcoming events](#). Don't worry if you are also planning to answer the survey – we would still be delighted to talk to you and we have a range of activities at these sessions so that you can contribute in different ways.

We have developed this online consultation to ensure that everyone has the chance to contribute and that all voices are heard. Our conclusions will be shaped by the feedback we receive, and all the suggestions and ideas submitted will be used to drive our recommendations and help us create a high quality service for the future.

Update on the current Cancer Drugs Fund list

The Cancer Drugs Fund (CDF) has completed a further review of the effectiveness of treatments it funds to ensure it delivers the best outcomes for patients.

Professor Peter Clark, Chair of the Cancer Drugs Fund and an oncologist, said: “There is no escaping the fact that we face a difficult set of choices, but it is our duty to ensure we get maximum value from every penny available on behalf of patients. We must ensure we invest in those treatments that offer the most benefit, based on rigorous evidence-based clinical analysis and an assessment of the cost of those treatments.”

NHS England has previously increased the budget for the CDF from £200 million in 2013/14, to £280 million in 2014/15, and £340 million from April 2015. This represents a total increase of 70 per cent since August 2014.

However, despite previous action taken to contain costs, current projections suggest that spending would rise to around £410 million for this year, an over-spend of £70m, in the absence of further prioritisation. This money could be used for other aspects of cancer treatment or important NHS services for other patient groups.

The CDF has therefore today taken further action to control the costs while ensuring that every penny is spent on the best available drugs, at appropriate costs. In carrying out the prioritisation, all decisions on drugs to be maintained in the CDF were based on the advice of clinicians, the best available evidence, and the cost of the treatment.

The changes will be set out at – <http://www.england.nhs.uk/ourwork/pe/cdf/cdf-drug-sum/>

Where it is proposed that a drug be removed from the CDF list for specific clinical uses, this is not necessarily the final decision. In those cases where a drug offers enough clinical benefit, the pharmaceutical company has the opportunity to reduce the price they are asking the NHS to pay to ensure that it achieves a satisfactory level of value for money. In some cases the companies have done so and a number of these negotiations are underway.

While these actions will reduce costs further, the CDF does not expect the Fund to be back on budget this financial year. It does expect that it will be operating within its budget during 2016/17.

The recently-published independent Cancer Taskforce report recommended that NHS England work with NICE, charities, Government and the pharmaceutical industry to develop a new system aligned with NICE processes.

NHS England and NICE will shortly be consulting on a proposed new system for commissioning cancer drugs. The new system will be designed to provide the NHS with a more systematic approach to getting the best price for cancer drugs, meaning

more treatments can be made available, and give a greater focus on evaluation, leading to the best drugs progressing swiftly to routine commissioning.

Patients currently receiving the drugs to be removed from the CDF in this review will continue to be able do so.

Five million people at high risk of Type 2 diabetes, new figures estimate

Five million people in England have blood sugar levels indicating a high risk of developing Type 2 diabetes, according to a new report published today.

The [Public Health England \(PHE\) report](#) provides the most up to date estimate of how many people over 16 in England have a high risk of developing Type 2 diabetes. It was commissioned by the [NHS Diabetes Prevention Programme](#) (NHS DPP) run by NHS England, (PHE) and Diabetes UK, and compiled by PHE's National Cardiovascular Health Intelligence Network (NCVIN).

The NHS DPP will support people in reducing their risk of developing Type 2 diabetes by helping them lose weight, be more active and have a healthier diet. The new estimate further underlines the need to act on Type 2 diabetes, especially as it already results in 22,000 early deaths and costs the NHS £8.8billion every year.

An [evidence review](#) also published by PHE shows programmes similar to the NHS DPP can be successful in preventing 26% of people at high risk of Type 2 diabetes from going on to develop the condition. People supported by diabetes prevention programmes lose on average 1.57kg more weight than those not on a programme aiming to significantly reduce diabetes risk.

Both reports have shaped what the NHS DPP will offer – at least nine months of information, support, group and one to one sessions on weight loss, physical activity and diet. Practitioners, clinicians, academics and the public are currently being consulted on a proposed outline of the programme. Consultation responses will further inform the programme, with a phased national rollout starting in 2016. For more information visit the [PHE website](#).

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Visit our website: www.leics.gov.uk/healthwellbeingboard.htm

**Download our Better Care Fund “plan on a page”:
http://www.leics.gov.uk/leics_county_bcf_submission_supplementary_appendix_b_bcf_plan_on_a_page.pdf**