

HEALTH AND WELLBEING BOARD: 17 SEPTEMBER 2015

REPORT OF THE DIRECTOR OF ADULTS AND COMMUNITIES

LEARNING DISABILITIES AND AUTISM

Purpose of report

1. The purpose of this report is to update the Board on progress in relation to the:
 - Joint Health and Social Care Assessment for Learning Disability;
 - Transforming Care; and
 - Leicester, Leicestershire and Rutland (LLR) Autism Strategy and Action Plan.

Policy Framework and Previous Decisions

2. The findings of the Joint Health and Social Care Self-Assessment for Learning Disability were presented in March 2015 by a family carer and a person with a learning disability. Two actions were proposed:
 - To develop a feedback mechanism on the quality of Health Checks;
 - Improve the number of health checks completed in 2015/16.
3. The findings of the Joint Health and Social Care Self-Assessment for Autism were presented in May 2015. The Board was asked to note the development of an LLR Autism Strategy and Action Plan.
4. The Board received an update on the progress of the Transforming Care agenda in January 2015 and details of a Department of Health (DH) Grant to support the development of long and short term accommodation to reduce admissions/facilitate discharge of people with learning disabilities and/or autism from mental health hospitals.

Background

Transforming Care

5. In the autumn of 2014, NHS England announced the introduction of a programme of Care and Treatment reviews (CTR). The CTR process provided a mechanism for commissioning organisations to check the suitability of the inpatient status of everyone with a learning disability and/or autism with challenging behaviour in a mental health hospital for people with learning disabilities.

6. In August 2015, NHS England announced that Care and Treatment reviews are to become business as usual. In addition to the Care and Treatment review process Clinical Commissioning Groups (CCGs) are expected to hold an 'at risk' register which identifies anyone - including children and young people with learning disabilities and/or autism who are at risk of admission to an inpatient mental health setting.
7. In December 2014, the DH awarded Leicestershire County Council, on behalf of Leicester City Council, Rutland County Council and the three area CCGs £391,000 to support the development of accommodation to facilitate the effective discharge of people with learning disabilities and/or autism in inpatient Mental Health settings. In total, five tenancies will be made available as a result of the Grant. Three long term tenancies and two short term tenancies across 2 sites.
8. The focus of the project is on the development of two flats which will be leased on a short term tenancy which will provide access to specialist intensive support to facilitate discharges from mental health hospitals or reduce the risk of admission. The flats are expected to be ready for first tenants from December 2015.
9. The project forms part of the Better Care Together Learning Disability work stream and is an integral part of plans to reduce the use of beds in the Agnes Unit.

Autism

10. The national thematic analysis of the Autism Self-Assessment has not yet been published. It is expected that Leicestershire will achieve an overall rating of Amber.
11. Revised statutory guidance on the 2010 Autism Act was published in March 2015. The purpose of the revised guidance was to ensure the approach for the support of people with autism is aligned to the Care Act (2014).
12. The statutory guidance called for areas to have local area Autism Partnership Boards. The LLR Autism Strategy Board has revised its terms of reference and became the LLR Autism Partnership Board in July 2015.

Progress

Joint Health and Social Care Self-Assessment Framework

13. A national thematic analysis of the Joint Health and Social Care Self-Assessment for people with learning disabilities was published in June 2015. The overall rating given to Leicestershire by Public Health England on the provision of services for people learning disabilities was Amber.
14. To develop a feedback mechanism on the quality of Health Checks;

- An easy read Health Check booklet is being produced to enable people with learning disabilities to understand what to expect. Due for publication in November.
 - The Learning Disability Primary Care liaison nurses (PCLN's) will be setting up a focus group with people with learning disabilities to get more detailed feedback on health checks
 - An article about Health checks will be included in the Leicestershire Family Voices publication
15. Improve the number of health checks completed in 2015/16.
- A target has been agreed has been agreed for both East Leicestershire and Rutland and West Leicestershire CCG's
 - In quarter 1, 35 checks were completed in the East Leicestershire and Rutland CCG area, 63 checks completed in the West Leicestershire CCG area. (Data from previous years indicate that GP's tend to focus on completing annual health checks in quarters 3 & 4)

Transforming Care

16. Inpatient status as of 26 August 2015; (where actuals are less than five they are not quoted as they are classed as personal identifiable data):
- There are less than five Leicestershire residents in the local Assessment and Treatment Unit as of 26 August 2015;
 - There are less than 5 Leicestershire residents in Alternate Hospital Placements (AHP's);
 - There are less than 5 Leicestershire residents in low secure settings in the East Midlands commissioned by NHS England
17. The CCG's and Leicestershire County Council continue to work together to meet the requirements of the Care and Treatment review process including the development of an all age at risk register.
18. 2 properties have been purchased using the Dh Capital Grant. Partners across Leicester, Leicestershire and Rutland have been working to establish working protocols and agree an allocation process which will effectively support people who come under the Transforming Care agenda.

Autism

19. An LLR Autism strategy and action plan is being finalised. The key actions from the strategy are:
- Expand and enhance preventative and early intervention support for people with Autism or suspected Autism;
 - Revise the workforce plan to ensure the workforce outside of health and social care understand the needs of people with Autism;

- Work with the Criminal Justice system to improve knowledge and access to assessment and support;
- Ensure the Local Offer is reflective of the needs of young people with Autism;
- Ensure the needs of older people, people from Black and Ethnic Minority Communities (BME) and women with autism are understood and planned for.

Consultation/Patient and Public Involvement

20. People with learning disabilities and family carers supported the process to develop the ratings for the Learning Disability Self-Assessment, a short questionnaire was sent out via the Learning Disability Partnership Board with a small focus group then conducting a review and challenge. A family carer and person with a learning disability presented their views on services to the Health and Well Being Board in March 2015.
21. People with Autism and family carers are represented on the LLR Autism Partnership Board.

Conclusions/Recommendations

22. The Health and Wellbeing Board is asked to consider and comment on the progress on the development of provision for people with learning disabilities and autism.

Background papers

Care and Treatment Review: Policy and Guidance May 2015

<http://www.england.nhs.uk/wp-content/uploads/2015/06/ctr-policy.pdf>

Circulation under the Local Issues Alert Procedure

23. The report is relevant to all areas of Leicestershire.

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Relevant Impact Assessments

Equality and Human Rights Implications

24. The draft LLR Autism Action Plan includes actions to understand the needs of older people, women and people from BME communities with Autism.
25. An improved uptake on health checks and action plans for people with learning disabilities will support reasonable adjustments to be made enabling people to access health services.

Partnership Working and associated issues

26. Leicestershire County Council is working with West Leicestershire CCG, East Leicestershire and Rutland CCG, Rutland County Council, Leicester City Council, Leicester City CCG, Leicestershire Partnership NHS Partnership Trust and University Hospitals of Leicester, to develop provision for people with learning disabilities and/or autism including the delivery of the national Transforming Care agenda.