

HEALTH AND WELLBEING BOARD: 17th SEPTEMBER 2015

REPORT OF THE DIRECTOR OF CHILDREN AND FAMILY SERVICES

MENTAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE – BETTER CARE TOGETHER WORKSTREAM UPDATE

Purpose of Report

1. Outcome 4 of Leicestershire's Health and Wellbeing Strategy 2013-16 is 'Improving mental health and wellbeing' and includes priorities for children and young people. The Health and Wellbeing Board has received three previous reports about the progress of the Better Care Together work stream with regard to the mental health and wellbeing of children and young people. This report describes the current status of that work.
2. The Health and Wellbeing Board is asked to:
 - note the potential funding that will be made available to CCGs to transform services for children and young people with mental health needs;
 - note the process and progress in developing the Transformational Plan for children and young people's mental health across Leicester, Leicestershire and Rutland;
 - note that at its previous meeting, the Health and Wellbeing Board agreed the process for signing off the Transformational Plan – this will take place during the first week in October 2015;
 - note that NHS England has indicated a 'light touch' to ensure Transformation Plans as they are keen for the work to commence. The emphasis is on demonstrating a readiness to implement improvements in year and to have a strategic plan in place that has the support of all partners and can develop operationally over time.

Policy Framework and Previous Decisions

3. The national strategy 'Future in Mind' was published in March 2015. This sets out a clear direction for local leadership across the system to work together to improve mental health services and outcomes. Central to this is their recommendation that local partners, through health and wellbeing boards (HWBs), develop and agree a local Transformation Plan to improve children and young people's mental health and wellbeing
4. At its meeting in July 2015 the Leicestershire Health and Wellbeing Board agreed that approval of the Leicester, Leicestershire and Rutland Transformational Plan for children and young people's mental health and

wellbeing would be delegated to the Director for Children and Family Services and the Director of Public Health, following consultation with the Chairman of the Health and Wellbeing Board and Cabinet Lead Member for Children and Families. Similar arrangements are in place for the City and Rutland Health and Wellbeing Boards

Financial implications

5. Additional government funding has been identified as follows:
 - £1.25billion over 5 years for mental health and wellbeing services for children and young people;
 - £150million over 5 years for Community Eating Disorder Services for children up to the age of 18 years;
 - £75million over 5 years for perinatal and antenatal mental health (this is included in the BCT Maternity/Neonates and Adult Mental Health work stream planning).
6. The Transformation Plan will be used by NHS England to allocate and oversee new money committed by central government to improve services across the whole system, with a particular emphasis on prevention, early intervention, and eating disorders.
7. NHS England will allocate funding via CCGs. In the case of Leicester, Leicestershire and Rutland this will be the City CCG.
8. The new investment will include a ring fenced budget for eating disorders of £533k and a further general sum of £1.3m.
9. For 2015/16, money will be allocated in-year, which means the pace for in-year delivery is tight. The Transformation Plan has taken this into account and has identified some 'quick wins' that will make good use of this resource. This includes establishing a specialist community services for children with eating disorders which offer NICE concordant treatment for up to 120 children¹ and early help interventions.

Leicester, Leicestershire and Rutland Transformation Plan

EVIDENCE BASE

10. As a result of the engagement, mapping, and analysis that has been carried out over the past 12 months the sub-region has been well-prepared to develop its Transformation Plan.
11. All priorities and actions identified in the Transformational Plan can be tracked back to national or local research findings, including the views and priorities that have been expressed by children and young people.

¹ LLR referrals rose from 75 in 2011/12 to 112 in 2013/14.

OUTCOMES AND ACTIONS

12. The Transformational Plan has used the 10 priorities identified in 'Future in Mind' as the high level outcomes that it expects to achieve:
 - a) improve public awareness and understanding, where people think and feel differently about mental health issues for children and young people, where there is less fear and where stigma and discrimination are tackled;
 - b) meet the national and local waiting time standards for access to community mental health services for children and young people;
 - c) deliver a step change in how care is delivered moving away from a system defined by organisations, 'a tiered model' to one based around needs of children and their families;
 - d) increase use of evidence based treatments with services focusing on outcomes;
 - e) make mental health support more visible and easily accessible for children, young people and their families;
 - f) improve care for children and young people in crisis, so they are treated in the right place at the right time and as close to home as possible;
 - g) improve access for parents to evidence based programmes of intervention and support to strengthen attachment between parent and child, avoid early trauma, build resilience, and improve behaviour;
 - h) deliver a better offer for the most vulnerable children, making it easier for them to access support they need when and where they need it;
 - i) improve transparency and accountability across the whole system, to drive further improvements and outcomes;
 - j) ensure that professionals who work with children and young people are trained in child development and mental health and understand what can be done to provide help and support those who need it.
13. The draft Transformational Plan has identified 30 separate actions that are required to deliver the outcomes. These draft actions are included at Appendix A. They will be subject to further strengthening over the coming weeks.

TIMESCALES

14. Guidance for the Transformational Plan was issued on 3rd August 2015 and the final Plan must be submitted to NHS England by 16th October 2015 at the latest.

15. It is expected that the Transformational Plan will be a live document, responding to needs as they arise, and continuously reviewing, refining and improving its expectations.
16. At the time of writing this report the Transformational Plan is in its fourth draft and will be in its final draft stage and ready for sign off during the first week in October. The final Plan will be presented to a future meeting of the Health and Wellbeing Board.

GOVERNANCE

17. A Leadership Board was established to progress the Transformational Plan via the Women and Children's work stream of Better Care Together. The Leadership Board is co-chaired by the Leicester City CCG Chief Nurse and Leicestershire County Council's Director of Children and Family Services. The membership of the Group was agreed at the last meeting of the Health and Wellbeing Board and there has been good representation.
18. The Transformational Plan is a 'whole system' approach to improving children and young people's mental health and wellbeing. As such it requires a cultural shift that will include aligning and/or pooling budgets, jointly agreeing priorities, and joint commissioning. Such change will require an ongoing commitment from all partners to the Leadership Group that will drive the required transformation. The Leadership Group will continue to report through the Health and Wellbeing Boards, as well as through the individual agency assurance and authorisation mechanisms. The Leadership Group will also contribute to the Better Care Together governance arrangements as required by virtue of being an identified work stream.
19. NHS England in the East Midlands is in the process of establishing a task group to oversee Transformation Plans in the region. LLR CCGs have indicated their intention to participate in this group. The Leadership Group has also invited NHS England to become a member and attend its meetings.

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