

**HEALTH AND WELLBEING BOARD: 16<sup>TH</sup> JULY 2015**

**REPORT OF THE DIRECTOR OF CHILDREN AND FAMILY SERVICES**

**EMOTIONAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE  
– BETTER CARE TOGETHER WORK STREAM UPDATE**

**Purpose of Report**

1. The Health and Wellbeing Board has received two previous reports about the progress of the Better Care Together work stream with regard to the emotional health and wellbeing of children and young people. This report provides a further update and also addresses questions raised by the Board at its meeting in May 2015 when it considered a paper about new national funding available to support adult mental health services. Those questions concerned:
  - a) funding for child and adolescent mental health services (paragraphs 3-5 below);
  - b) data relating to safeguarding and adolescent suicide (to be provided at the meeting);
  - c) timescales/milestones for the BCT work stream with regard to the emotional health and wellbeing of children and young people (paragraphs 5 and 6 below);
  - d) the identification of appropriate leadership from within health to support the work stream (paragraphs 7 and 8 below).

**Policy Framework and Previous Decisions**

2. The national ambition to improve child and adolescent mental health services by 2020 has now been strengthened by the publication of a national Strategy, Future in Mind (March 2015). This sets out a clear direction for local leadership across the system to work together to improve mental health services and outcomes. Central to this is their recommendation that local partners to health and wellbeing boards (HWBs), including schools and wider partners, develop and agree a local transformation plan for children and young people's mental health and wellbeing

**Funding – national and local**

3. The local transformation plan will also be used by NHS England to allocate and oversee new money committed by central government to improve

children's mental health services as set out in the Autumn Statement and in the Budget, which includes funding for some specific deliverables. However, all partners are clear there must be flexibility for local partners to reflect on their whole system and develop what is needed to improve outcomes locally.

4. NHS England has provided the following statement: "For this year, NHS England will 'assure' plans prior to releasing funding; this will be a light touch process and will require sign off by the HWB. In recognition of the challenging timescales, the recommendation is for a representative from the local authority who is also a member of the HWB, to take responsibility for working with the lead Clinical Commissioning Group (CCG) to develop and sign off the plan and ensure the HWB is fully sighted on this work. This could include, for example, the director of children's services, director of public health, lead member for children's services, portfolio holder for health or chair of the HWB."

### **Timescales/milestones**

5. NHS England will allocate funding via CCGs. For 2015/16, money will be allocated in-year, which means the pace for the development of plans over the summer and sign off and allocation of funding in the autumn will be tight.
6. Transformation plans will be live documents to be developed in coming years as part of mainstream processes and it is expected that the same commitment to ongoing development and mainstreaming of this will occur at a national level. Transformation plan guidance is expected to be published on the w/c 13 July 2015. HWBs with the lead CCG will therefore want to explore how this will work locally, including joining up with other CCGs and/or local authorities, and ensure that all key partners, including schools and the voluntary sector, are involved in developing these plans.
7. As a result of the engagement, mapping, and analysis that has been carried out across Leicester, Leicestershire and Rutland in the past few months, the sub-region is well-prepared to develop its Transformation plan and a draft is currently being prepared, prior to the release of the guidance, to ensure that all timescales can be met.
8. Leicester City CCG is soon to become the lead commissioner for children's health services. The Chief Nurse at Leicester City CCG has been identified to support the work stream alongside the Director of Children and Family Services at Leicestershire County Council.
9. A Leadership Board has been established to progress this work. The Leadership Board will be co-chaired by the CCG Chief Nurse and LCCs Director of Children and Family Services. Its draft Terms of Reference are attached at Appendix A. Its first meeting will take place on 28<sup>th</sup> July 2015. This meeting will focus on the draft Transformation plan, which will then need to be agreed through the various governance systems across the sub-region.

## **Recommendations**

10. It is recommended that, in view of the timescales for submitting the Transformation plan to draw down funding for 2015/16, the HWB agrees that the Leadership Board can develop the plan and that sign off can be delegated to the Chairs of the HWB, the Lead Members for Children's Services and the Directors for Children's Services and for Public Health, pending a further full report to each of the LLR HWBs.

## **Officer to Contact**

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**Better Care Together Leadership Board for the emotional health and wellbeing  
of children and young people**

**DRAFT TERMS OF REFERENCE**

**1 Introduction**

Strong emotional health and wellbeing is a key element of a healthy childhood. All agencies that support children, and those that care for them, can contribute towards healthy emotional development and the establishment of good mental health into adulthood.

A child with good emotional health and wellbeing will have a sense of

- feeling loved, trusted, understood, valued and safe
- being interested in life and having opportunities to enjoy themselves
- being hopeful and optimistic
- being able to learn and having opportunities to succeed
- accepting who they are and recognising what they are good at
- having a sense of belonging in their family, school and community
- feeling they have some control over their own life
- having the strength to cope when something is wrong (resilience) and the ability to solve problems.

They will have the capacity to

- Develop psychologically, emotionally, spiritually, creatively and intellectually
- Initiate, develop and sustain mutually satisfying relationships
- Use and enjoy solitude
- Be aware of others and empathise with them
- Play and learn
- Develop a sense of right and wrong
- Face and resolve problems and setbacks and learn from them.

A range of organisations have responsibility for fostering the educational, social and healthy development of children and young people. These organisations agree that by working together they can deliver effective and co-ordinated services which make best use of limited resources.

Within Leicester, Leicestershire and Rutland, a Better Care Together (BCT) programme has been established to co-ordinate health and social care services. This Leadership Board will be part of the BCT Programme.

## **2 Purpose**

The Leadership Board will give strategic direction to all partnership work across Leicester, Leicestershire and Rutland to improve the emotional health and wellbeing of children and young people.

It will prepare the joint strategy for comprehensive services to support the emotional health and mental health of children and young people.

It will consider opportunities for strategic partnership approaches including lead commissioning, joint commissioning and pooling of budgets.

The Leadership Board will establish and commission multi-agency task groups to undertake specific items of work.

The Leadership Board will establish a stakeholder group and stakeholder forums

## **3 Specific objectives**

Specific objectives for the Board will include:

Development of a shared strategy for child emotional health and wellbeing

Joint commissioning of services to specifically support children's emotional health and wellbeing.

Overview of performance and impact of services to improve emotional health and wellbeing.

## **4 Governance**

The Board will report to the BCT Childrens Workstream. It will also prepare reports for the Health and Wellbeing Boards for Leicester, Leicestershire and Rutland.

There will also be links to other workstreams, in particular the Mental Health workstream.

## **5 Scope**

The scope of the Board will include all services supporting the educational, social and health development of children from birth to age 18.

## **6 Membership**

Director of Children and Family Services - Leicestershire County Council

Director of Nursing and Quality – Leicester City Clinical Commissioning Group

Consultant in Public Health – Leicestershire County Council

Consultant in Public Health – Leicester City Council

Associate Director for Children and Families Commissioning – West Leicestershire Clinical Commissioning Group

Representative from Rutland County Council

Director of Children Families and Young People Services – Leicestershire Partnership Trust

NHS England representation

Healthwatch representative

Commissioning Manager for CAMHS

All members should attend regularly and, where possible, should have a designated deputy.

## **7 Frequency of meetings**

Meetings should be held at least every three months although more frequent meetings may be required at certain times.

July 2015, October 2015, January 2016, April 2016