

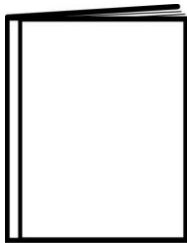


Health and Wellbeing Board

12th March 2015



Report about supporting people with learning disabilities in Leicestershire by the Learning Disability Programme Board



What this report is about and why it has been written

Every year local authorities work with NHS partners to check how well they are supporting people with learning disabilities and their families. The check is called the Joint Health and Social Care Self Assessment. It is run by a Government department called the Public Health Observatory.

The Self Assessment asks about

- Being Healthy
- Staying Safe
- Living Well

Information has been collected by asking for evidence and opinions from different organisations, family carers and people with learning disabilities.

There are 8 or 9 things to check in each area. A Red, Amber or Green rating has been made for each thing.

There were questions about the numbers of people who have had contact with services

The Public Health Observatory will make an overall rating at the end of March for each Health and Wellbeing Board area. We think we will be an Amber overall.



What Leicestershire's Self Assessment said

We need to get better at recording what happens to people with a learning disability.

GP's were asked how many people used their surgeries.

We do not think they are recording people under 18 properly. They said there are 240 people with a learning disability under 18 across Leicestershire.

We think the number of adults is right. They said there are 2117 people over 18 with a learning disability

GP's said 1 person with a learning disability died in Leicestershire in 12 months. We do not think this is right. We think it is because GP's are not updating their records

Staying Healthy

We are doing well at making sure people are being screened for long term health conditions like diabetes, epilepsy and heart disease

Not enough people are being screened for cancer. 2 out of 10 women with a learning disability has had a cervical smear. This is less than for women without a learning disability - 6 out of 10

4 in 10 women with a learning disability have had breast cancer screening. This is less for women without a learning disability – 6 out of 10

The number of people who have been tested for diabetes is about the same as for people without a learning disability.

Lots of people with learning disabilities are getting health checks but not always getting a Health Action Plan



There are learning disability nurses who work in hospitals and with GP's to make sure people with learning disabilities get good healthcare

The main thing we need to get better at is collecting and sharing information about health. For example, GP's have said there are 240 children with a learning disability in Leicestershire from 0- 18. We think there are much more than that.

Staying Safe

We are doing well at safeguarding. There are lots of ways that health and social care check that people are safe where they are. We are working with organisations to make sure they understand about the Mental Capacity Act and Deprivation of Liberty Safeguards.



We need to make sure more people with a learning disability have a review of their support each year. People who are at most risk of being unsafe have all been reviewed. These people are living outside of Leicestershire, on the Winterbourne list or have very complex needs and high cost packages of care.

We need to make sure that more social care providers who have a contract with Leicestershire County Council have an announced and unannounced contract monitoring visit. Information is collected about all contracted providers all the time. The information is used to decide which providers need a visit urgently to make sure people are safe. All NHS contracts have been monitored.

We need to get better at making sure that people with learning disabilities and their families feel that they are

treated with compassion, dignity and respect

Family carers said that some workers and providers were very good and went out of their way to provide good support.

We need to do more to make sure people with learning disabilities and their families are involved in finding and training new staff.

Living Well

There is lots of joint working happening in Leicestershire. Health and Social Care have put their money together. Some of the money is paying for a strategic commissioner for learning disability and autism. The Better Care Together strategy shows that Leicestershire is also working with other Local Authorities to make sure people are supported well.

There is lots of good work happening to support young people to prepare for adulthood. Education, Health and Social Care are working together to develop plans to make sure there are good services. The Children and Families department and Adults and Communities department are working together on a Whole Life disability strategy.

We need to get better at making sure people with learning disabilities can access community venues and activities like Museums, sports, arts and transport. There are some examples of good practice but not enough.

There is not much support to get people with learning disabilities into Employment. There were some examples of good practice like a “pop up” café that won an award in Harborough and the Get Set programme in Leicestershire County Council.

The last question was aimed at Family Carers. Family Carers were asked if they felt their needs were being met. One carer said “if our children’s needs are met, our needs are met” another described herself as a jar that is nearly full and it doesn’t take much for it overflow. Carers said some of their needs were met but they were worried about the future

What we want to do next

An action plan from the Self Assessment is being written. Some of the things we want to do in 2015 are:

Being Healthy

- Make sure GP’s have to record when they have done a Health Action Plan
- Find out why GP’s haven’t recorded many children with a learning disability
- Make sure a new system called PRISM is being used to tell other health care providers about what support people need to access healthcare

Staying Safe

- Make sure we carry on reviewing people who are most at risk
- Make sure more people get a review
- Quarterly reporting on what Contracted providers are doing
- Check that the plans to keep people safe are working well by seeing what safeguarding alerts are happening

Living Well

- Work with the Local Area Coordinators to find more ways for people with learning disabilities to be part of the community
- Work with the Get Set employment programme to support more young people with learning disabilities into employment opportunities
- Update the Carers Strategy and make sure the Care Act is working well for Carers.



How people with learning disabilities and family carers have been involved

The Self Assessment had 2 questions that had to be answered by Family Carers and people with learning disabilities

A questionnaire was put on the Learning Disability Partnership Board and Louisa Whait visited the Locality Groups to talk to them about the Self Assessment. The Self Assessment was checked by the Commissioning Advisory group of the Learning Disability Programme Board. The Commissioning Advisory Group is made up of family carers and people with learning disabilities.



Who to contact with questions and comments



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