The Review of LCC Early Help Services

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Current Early Help Structure

- **Supporting Leicestershire Families (SLF)**
  - Intensive mentoring support to families with complex problem
  - Youth support

- **Children’s Centre Programme**
  - Targeted support to families with 0 to 2 yr olds encountering difficulties
    - referrals linked to mental health, DA, parenting

- **Youth Offending Service**
  - Young people on Court related Orders
  - Young people at the cusp of offending

- **Early Help assessment & Triage Service**
  - Triage of incoming referrals, staff delivering 2/3 sessions of support
Background to the review

The evidence base behind the Early Help Review

- Review into outcomes from 787 SLF & CC families
- 70% of families made positive progress
- Around 55% made improvements in progress to work & around 40% of Leicestershire claims are in relation to a family member gaining employment
- 68% of the families worked with had social care involvement. This fell to 33% after the case closed to early help
- A key success factor is linked to
  ~ building resilience in families
  ~ Connecting family with positive influences in family/community
- Leicestershire YOS has a strong prevention offer
  ~ L/Shire 162 FTE per 100,000 10 to 17 yr olds v 295 East mids & 276 nationally
Principles behind the review

• The needs of families placed at the centre of the thinking for the new service

• The 4 services were amalgamated into one service **Children and Family Wellbeing Service**

• Introduction of multi skilled locality based teams which enables whole family assessment (needs of parents, siblings)

• Build the service based on needs (new posts)

• Explore efficiency savings

Preservation of

• The principles of SLF intensive mentoring led support

• The youth crime prevention offer to yp on the cusp of offending

• Targeted support for families with 0 to 2 year olds
The CFWS service Offer

The Offer is based on a tiered approach to intervention based on needs within the family set up

Intensive 1 to 1 support to families with complex needs for up to 12 months is preserved

~ Family Support: currently based on employment, poor educational attendance, ASB, domestic abuse, mental health, child with needs. Future flexibility based on evidence

~ Intensive Youth Offending support: Based on assessment of risk and need & can be provided to young people on the cusp of offending. Whole family working will influence this (for example likely to extend to some siblings in high risk families)
5 Steps

1. Front door and threshold
2. Information, advice and guidance
3. Clinics / one-off visits
4. Group work/brief work (6-8 sessions)
5. Casework/1:1 support
What has changed

• Locality based teams will lead to frontline staff needing to increase knowledge of whole family issues to inform assessments and interventions
• Intensive 1 to 1 family support will develop and become increasingly evidenced based
• Joining Youth and Youth Justice work will lead to increased focused on vulnerability in teenagers & the link to parenting
• The savings have led to some services changes, reduction in management, reduced duplication across 4 service model, introduction of emotional wellbeing support workers, extending the volunteering offer across the entirety of the service, & a small reduction in frontline staff
• The closure of 15 children centre sites but a preservation of targeted 0 to 2 focused services